

Mary

Queen of Intercessors



Angelus Prayer Charisms

Teaching Manual 2

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Preface

Valerie Murphy & Fr. Vincent Doyles Vision 1979.

Taken from the Archives of Mary of the Angelus Association.

The First Stage:

Will consist of members, lay person's male and female, single and married, religious and priests who have experienced the Baptism of the Holy Spirit. They will be aware of their own human frailties and vulnerabilities and desire the healing of their wounded spirits from their life experiences. In their brokenness they will be seeking to unite with others to pray for spiritual healing and for wholeness.

The majority of Angelus membership will choose to be in this stage.

Second Stage:

The Holy Spirit will bless many members from the first stage and anoint them for a teaching and outreach ministry. This stage will require a deeper commitment to prayer and discipleship.

This stage is for the preparation of members to be actively involved in the ministry of healing, initiating prayer cells for intercession and Anawim Ministry. They become messengers of grace bringing the Good News to others like angels of service for God's poor (Anawim).

To provide spiritual and housing support outreach for those in housing distress.

Matthew 13:36-43 in the parable of the Darnell describes the Angelus prayer ministry and outreach. The co-founders to be active in sharing the vision in Australia and overseas. To pray and teach about the Holy Spirit and initiate intercessory prayer groups to pray for the needs of the world.

Third Stage:

Is a contemplative Mother House that will become a haven for members to come and be refreshed with God's *Living Waters of Grace*. Mary's house at Nazareth offered such

a place as a refuge for the Apostles as they returned from their pastoral ministry of healing, teaching and proclaiming God's Word.

- Spiritual exercises are to be offered for the development and growth of members.
- To encourage them to seek the inspiration and guidance from the Holy Spirit when praying for Catholic Prayer Devotions.
- for the infusion of the Spiritual gifts and graces. **(Contemplative Prayer)**
- Each Angelus Members is encouraged to rest under the mystical apple tree

*“As an apple tree among the trees of the wood
so is my love among young men
In his delightful shade I sit,
and his fruit is sweet to my taste.
He has taken me to his cellar,
and his banner over me is love.
Feed me with raisin cakes
restore me with apples.
for I am sick with love.*

(Song of Songs 2:3-5)

The Gifts of the Holy Spirit empower us for the building up of the Body of Christ. We are the body of Christ, and these gifts minister God's healing love and power to us and in through our experiential faith we are inspired to pray for the healing of others.

(Inner Healing Prayer)

Each Angelus prayer cell is to seek guidance from the Holy Spirit in all their prayer undertakings. Members are to be encouraged to mature in the prayer gifts for spiritual growth and to participate in spiritual warfare for the salvation of souls.

(Intercessory Prayer)

As members grow in God's love, the Holy Spirit will prompt them to walk with and pray for the broken body of Christ; the emotionally imprisoned, the crippled, the lame , the diseased and the complacent. **(Anawim Prayer Ministry)**

Introduction

The Angelus Prayer Mission

The Holy Spirit has anointed you as an Angelus member and through the outpouring of His Spirit, He has empowered you to bring the Good News to the poor. (*Luke 4:18*)

The Angelus Prayer Mission is renewed within us each day as we contemplate on God's Word and pray our Act of Consecration to Mary of the Angelus. For God's Word to be fruitful within us it's important to have an understanding of what our Prayer Mission accomplishes.

God's plan for a New Creation that enabled His children (*Adam and Eve descendants*) to come into His Presence prepared the way for His Glory to become a reality in our lives.

But God's Glory cannot remain wherever there is darkness from evil forces. Jesus came to overcome the darkness and when people have little faith and fail to invite the Power of God's Holy Spirit into their lives they can be afflicted by evil spirits.

(Exodus 34:6-8)

God has heard the cry of the poor and does not leave us orphaned. At Pentecost the Holy Spirit descended giving Birth to the Church with the Sacramental Graces of Baptism, Reconciliation, Healing and Eucharist.

The Angelus Mission foundational scripture references include *Matthew 13:4-23* the parable of the Sower. and the parable of the Darnel, plus the Parable of the Darnel explained in *Matthew 13:24-43*

The first Parable refers to evangelisation (*bringing the Good News to the poor*) and how the Sower (*the Evangeliser*) scatters the seed (*the Word of God*) on all types of soil. But the birds of the air (*our dreams and desires*) disperse or scatter the seeds. The thorns and thistles (*cares and concerns or painful life experiences*) continually choke the seeds of wheat from producing a rich harvest.

The Angelus Prayer Mission identifies the thorns and thistles of life as unhealed wounds from our life experiences. The Parable of the Darnel alerts us how un-forgiveness with unresolved emotional hurts creates an environment for the devil and his evil spirits. These spirits congregate causing oppression or heaviness of spirit and form strongholds.

As we meditate on the Parable of the Darnel explained (*Matt 13:36-43*) we identify with the Reapers (*the Angels*). As God's prayer messengers (*Intercessors*) who gather up the wheat and separate the darnel (evil spirits) from the wheat.

In the Old Testament, David fought many wars to reinstate the Twelve Tribes of Israel under one Kingship. He surrounded himself with specially trained men. They were called *David's Champions*. Highly skilled in the art of warfare to protect the interests of their leader. (2 Samuel 23:8-38)

Mary of the Angelus is also raising up Prayer Champions to engage in Spiritual Warfare to reclaim the souls of God's poor who are heavily burdened and afflicted by sin.

This Teaching Manual introduces us to the prayer weapons of grace that we will need for this mission.

CONTEMPLATING GOD'S WORD

TO grow in the gifts of the Holy Spirit for the Ministry of Intercession.

Valerie's Personal Testimony



As I grew in the supernatural Gifts of the Holy Spirit, I began to spiritually mature. Jesus enlightened me about the Wisdom Gifts mentioned in (*Isaiah 11:2.*)

A Spirit of Wisdom and Insight, a Spirit of Counsel and Power, a Spirit of Knowledge and of the Fear of God. I began to learn about spiritual things that can only be taught by the Spirit.

(1 Corinthians 2; 10-13)

Meditating and then contemplating God's Word in the Book of Wisdom helped to inscribe these teachings upon my heart and His Spirit taught me how they all complimented one another for the Prayer Ministry of Intercession.

The Spirit prompted me to place my hand over this below text as I contemplated God's Word. I also realised Jesus was desiring me to share in the riches of His Heavenly Prayer Jewels. I received this interior understanding how the greatest act of charity I could ever do in my life was to pray for the Salvation of Souls.

Contemplating God's Word for the Higher Gifts of the Holy Spirit.

*"And so I prayed, and understanding was given to me:
I entreated, and the Spirit of Wisdom came to me.
I esteemed her more than sceptres and thrones:
Compared with her, I held riches as nothing.
I reckoned no priceless stone to be her peer,*

*For compared with her, all gold is a pinch of sand,
And beside her silver ranks as mud.
I loved her more than health and beauty,
Preferred her to the Light,
Since her radiance never sleeps.
In her company all good things came to me,
At her hands riches not to be numbered.
All these things I delighted in, since Wisdom brings them,
But as yet I didn't know she was their mother.
What I learned without self-interest, I pass on without reserve;
I do not intend to hide her riches.
For she is an inexhaustible treasure to men,
And those who acquire it win God's friendship,
Commended as they are to him by the benefits of her teaching.
Book of Wisdom 7:7-14*

I now discovered a thirst in my heart to know and understand more about the Kingdoms of Light and Darkness and then the Spirit led me to this next passage in Wisdom.

It was through this below passage in Wisdom that I grew in love and stature to effectively pray with spiritual insight, knowledge and understanding.

1 Corinthians 2: 10-13 was now becoming a reality as I learnt about spiritual things that can only be taught by the Spirit.

*May God grant me to speak as he would wish
and express thoughts worth of his gifts,
since he himself is the guide of Wisdom, since he directs the sages.*

*We are indeed in his hand, we ourselves and our words,
with all our understanding, too and technical knowledge.
It was he who gave me true knowledge of all that is,
who taught me the structure of the world and the properties of the elements,*

*The beginning, end and the middle of times,
the alternation of the solstices and the succession of seasons,
the natures of wild animals and instincts of wild beasts,
the powers of spirits and the mental processes of men,
the varieties of plants and the medical properties of roots.
All that is hidden, all that is plain. I have come to know,
instructed by Wisdom who designed them all.*

(Wisdom 7:15 -21)

It's important to be aware that contemplating God's Word is not about acquiring knowledge like we do when we seek human wisdom. God's Wisdom is received

through the silence of the intellect and a loving heart that perseveres in faith and hope in the emptiness of just being in God's Presence.

Over the succeeding weeks or months, the Spirit began to enlighten my mind as I asked Jesus how He wished me to pray for a specific person or event.

Always remember that **Prayer is a Gift** even to contemplate God in the Living Words of His Scripture.

Continually ask Jesus for this Gift like I do each day. (Matt: 7:7)

The **Sit/Wait/Listen** Prayer Exercise will teach you how to do this.

To be still by emptying the mind.

To wait for the Spirit to speak to you with a *Heart Word* and pray as a mantra for the next 5-10 minutes

To listen and then ponder the insights you receive and then pray the way the Spirit is prompting you to pray.

Resting the heart and mind in the silence of God Will, bypasses the intellect. We can now be taught by the Spirit about His Spiritual World.

PRAYER EXERCISE:

Growing in the Wisdom Gifts for Intercession.



This Prayer Exercise engages us spiritually and intellectually by empowering us in faith to proclaim God's Word for the victory against the principalities and the ruling forces of evil. (*Ephesians 6:12*)

The Gifts enlighten us about the spiritual activity that is occurring in the Heavenly Realms.

Sit/ meditatively and read the Scripture Passage

Wait / for the prompting of the Spirit to give you a specific line to meditate upon and continuously pray your *Heart Word* or *Words*.

Listen / to the interior voice or insights and proclaim God's Word.

I have bolded the relevant lines for you to meditate upon. (The bracketed comments share with you the insights I received.)

May God grant me to speak as He would wish and express thoughts worth of His Gifts. *

(* this line is self-explanatory as God wished to bless me with His Anointing to teach and share the riches of His Gifts with others.)

Since He Himself is the Guide of Wisdom. *

(* this line gave me an awareness about the depth and breadth of God's Love and how I can immerse myself into Him through Praise and Worship.)

Since He directs the Sages.

We are indeed in in His Hand, we ourselves and our words. *

(*selected words from this line prepared the way for me to grow in trust and confidence that God wished to give me spiritual insights.)

With all our understanding, too, and technical knowledge. *

(* Prepared the way for me to receive God's Gift of Divine Understanding and the surrendering of my own limited abilities to comprehend God's Universal Power)

It was He who gave me **true knowledge** of all that is. *

(* Prepares the way for the Gift of Divine knowledge about the Spiritual Realms)

Who taught me the structure of the world and the properties of the elements? *

(* Prepares the way for me to receive insights about universal energy and Satan's strongholds.)

The beginning, end and middle of times. *

(Prepares my heart to respond and minister to others in God's Time)

The alternation of the solstices and the succession of the seasons. *

(*Invaluable insights for Prayer Ministry for those involved in pagan rituals or occult practises)

The revolution of the year and the position of the stars. *

(*Further insights about prayer for conversion of hearts)

The natures of animals and the instincts of wild beasts. *

(* An awareness and understanding of how and why people respond the way they do.)

The powers of spirits and the mental processes of men. *

(*Prepared me to compassionately love without judging. Received Knowledge and Understanding about the Angelic Realms of good and evil.

Varieties of plants and the medical properties of roots. *

(* Can be very helpful by guiding you towards natural remedies for a healthy life.)

All that is hidden, all that is plain. I have come to know, instructed by Wisdom who designed them all. *

(A humble awareness about everything being a Gift from God and our role in His plan to pray for the Salvation of others.)

The Joy of the Lord is our Strength: Giving thanks to God at the conclusion of our contemplative prayer time is an important habit to cultivate

Chapter 1

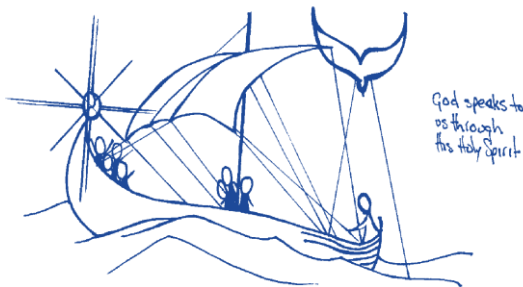
9th Angelus Prayer Charisms

Communion of Saints.



Personal Witness by Valerie

In the Ministry of Healing Jesus invites us to embrace the Power of His Spirit with the assistance of the Saints and the Souls in Purgatory. Recently I was revisiting my prayer journal and discovered a prayer insight that helped me to understand the importance and interaction of their roles for us.



My insight in 1979 began as a vision of myself sitting at the back of a boat with Jesus as the pilot steering the boat. Jesus was calling out to me and asking me to sit closer to Him. I couldn't hear Him very well as the wind and the waves plus the screeching of the birds overhead muffled His voice. Then I recognised one of the seagulls was a dove and I thought maybe if I call on the help of the Holy Spirit I will be able to hear what Jesus is saying.

Communion of Saints:

So in my prayer meditation I began to pray "*Come Holy Spirit - Come Holy Spirit - Come Holy Spirit* – repeatedly and a Light began to glow illuminating the rows of spirits that were between me and Jesus. I wondered who these spirit people were and immediately an interior prompting came that they were the Communion of Saints. They had overcome many temptations and trials of faith and their Virtues and Charisms (*special anointing's by God*) and were available to me when I called upon their intercession.

Filled with God's Glory they were like a reflective mirror that radiated God's Blessings for them towards me.

e.g.

St. Teresa of Avila pray for me: 'to be a woman of prayer.

St. Francis of Assisi pray for me: 'to be detached from worldly ambitions and possessions.

St. Jerome pray for me: 'to love the Scriptures.

St. Cecilia pray for me: "to continually sing and praise God in my heart.

St. Theresa of the Little Flower pray for me: "to be small and humble of heart.

St. Catherine of Siena pray for me: "to be an intercessor for the Church

So I asked for *St. Catherine of Siena's to pray for me* and for her boldness to step out in faith to sit with Jesus. (*St. Catherine wrote to the Pope in her day to tell him to return to Rome from his exile.*)

Then I saw an image of myself reading many books about the lives of the Saints and pondering their teachings. If I wanted to learn how to hear Jesus, then I too needed to learn from those who the Church honoured as Saints and role models for my spiritual development.

In the meditation I knew I wasn't to remain sitting with the Saints and that Jesus was still calling me to sit next to Him. Then I noticed how the boat was very narrow at the front and there were so many spirits tightly packed together that I couldn't move between the rows. I was amazed how these spirits didn't radiate light like the Saints but were all different shades of grey.

What did this mean and then an interior understanding was given to me that these spirits were the Souls in Purgatory. They were not fully filled with the Light of God's Glory. Their dark or shadow self had not been fully cleansed in their earthly life before death.

I would not be able to move past them until I began to look within and discover my weaknesses and sinful ways. I was to humbly bring them to Jesus for His Mercy and Healing before I could advance.

Souls in Purgatory:

So I called on the intercession of the Saints to overcome my reluctance to leave the Light and to sit with the departed souls of my ancestors. It was uncomfortable and challenging to recognise some of my failings or character traits were evident in them. How I reacted like my father in times of distress. The similarities I inherited from my grandmother in kindness and sharing my possessions with others but how I also had her predisposition to criticise others. I saw my grandfather's burden of grudges that he carried to the grave towards the Catholic Church. I realised there was a direct link to God's Blessings and the past effects of sin still influencing my life and even those of my children in my family lineage.

No wonder I couldn't pass between the rows, they were waiting for me to pray for them. I realised how they are the poorest of the poor as they can't ask for God's Forgiveness only the Living can do this.

I know how God does hear the cry of the poor. I became aware of how their Sanctification and elevation into Heaven would begin to happen as I embraced those same weaknesses or sinful ways within myself and brought them to Jesus for Forgiveness, Mercy and Healing.

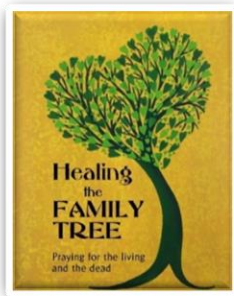
Exodus 34:6-8 tells us how we inherit our ancestors D.N.A. and share in the riches of their blessings and inherit their failings through to the fourth generation.

Souls in Purgatory are our prayer warriors always praying for us. Being in God's Presence they now have all knowledge and understanding of the Spiritual Realms that tempted them and now their descendants.

Their role in the Prayer Ministry of Intercession is invaluable as they assist us to recall and make reparation for the sins of previous generations. Enlighten us where the powers of darkness continue to congregate and remain to oppress houses, building, land and even whole nations.

I realised how praying for Souls in Purgatory was more than personal healing and sanctity. It is one of the greatest acts of charity I could ever do.

Praying for the Souls in Purgatory prepares the way for us to sit next to Jesus as He pilots our boat through the storms of life. They enable us to hear clearly the promptings of His Spirit as we **sit/ wait/listen** in prayer.



Prayer Comment:

In the Prayer booklet written by Father Vince Doyle & Valerie Murphy *Healing the Family Tree* there are prayer exercises on how to pray for the healing of your deceased family members.

PRAYING WITH THE SAINTS FOR HEALING

At the beautification ceremony of a Saint's life their Charisms or deeds and services of love are acknowledged for the renewal and building up of the Catholic Church.

Like stars in Heaven, they radiate God's Glory for us here on earth. Their goodness does not pass away and remains to bless us with similar graces for our needs when we pray and ask them to intercede for us.

CHILDLIKE FAITH

St. Bernadette of Lourdes - Pray for Us

Personal Testimony

As a convert to Catholicism, I visited Lourdes to pray for physical healing at the Grotto and bathed in the Healing Waters. I did receive physical healing for a cancerous growth that was diagnosed as being benign after I returned to Australia.

My joy was complete when I realised that many of my family members were also blessed by my visit to Lourdes. The animosity between family members had disappeared and I noticed how some of the sinful or negative traits of previous generations were no longer an issue.



Bernadette as a young girl believed and followed Our Lady's instruction from an apparition to dig in the ground. A spring of water trickled out and has now become a Fountain of Living Water where millions visit each year to bathe in. These Healing Waters cleanse and restore us and our family members.

When I ask for her prayers of intercession, I am asking Jesus to Bless me with the same childlike faith to believe in the Grace of the Immaculate Conception for the healing of my family.

Her Charism for us is to pray for the healing of our families (the living as well as the departed)

HUMILITY

St. Therese of the Child Jesus - Pray for Us

Personal Testimony

When Jesus asked me to remain small and hidden, I didn't know what He meant. I wanted to tell the world about the Healing Love of Jesus. After I prayed to this Saint, I realised she was guiding me towards the Little Way. To see everything as a Gift from God, even my efforts to bring the Good News to the poor. As I became smaller Jesus' Love within me became larger and my words began to touch people's hearts when I shared about my faith.



Therese, of the Little Way, humbly offered all her thoughts and actions to Jesus with love and gratitude. She became the *Prayer Heart* for the missionary activities of the Church.

When I am proud of my efforts and achievements and compare my life with others, I fail to recognise and thank Jesus for my talents and abilities. I begin to believe that my achievements are the sole result of my own efforts.

When I ask for her prayers of intercession, I am asking Jesus to Bless me with the same Graces to love and walk humbly with my God.

Her Charism for us is to humbly acknowledge Jesus as the Source of our Gifts and ability to Love.

BEING POOR IN SPIRIT

St. Francis of Assisi - Pray for us

Personal Testimony

In a prayer experience using my imagination St. Francis offered me two sticks wrapped together by a piece of rope. The thoughts that came into my mind were that this cross was a Prayer Gift to me for the poor. I was to look within myself and see all the trials and wounds of my life experiences as Precious Jewels of Grace for myself and for others.

I came to an awareness of how poor I really was and my need for God's Mercy, Love and Healing. Growing in this Virtue of Spiritual Poverty helped me to pray for myself and then others with a humble and contrite heart.



Francis was a preacher and embraced poverty as an essential lifestyle for his Friars. He was the Founder of three Franciscan Orders and cared for the poor and sick especially lepers. His life imitated the life of Christ, and he had a great love for the Eucharist. He believed that nature itself was the mirror of God and called all creatures his 'brothers' and 'sisters'. He is one of the most famous saints in the History of the Church.

When I ask for his prayers of intercession, I am asking Jesus to Bless me with His Virtue of Spiritual Poverty and be set free from any attachment to honours, riches and possessions.

His Charism for us is to be poor in spirit so we can share in all the riches of the Heavenly Blessings.

FORGIVING OUR ABUSERS

St Maria Goretti - Pray for Us

Personal Testimony

As an abuse victim I was having great difficulty forgiving. Even though I know that forgiveness is the key that unlocks the Heavenly Blessings, I couldn't forgive from my heart.

My anger kept returning followed by emotional turmoil every time I revisited the memories. I felt like I was going around and around in a washing machine cycle that never ends until I was inspired to pray to this Saint to help me.



Maria as a young eleven-year-old girl in Italy was stabbed trying to escape her neighbour whose intent was to sexually abuse her. She forgave her abuser before she died.

When I ask for her prayers of intercession, I am asking Jesus to Bless me with the same Grace to forgive those who have hurt me.

Her Charism for us is the ability to forgive those who abuse, exploit or render us powerless.

PERSEVERANCE IN PRAYER

St. Rita – Pray for Us

Personal Testimony

In my teens I felt rejected by my peers due to the disfigurement of my face from acne scars and my emotional pain of being abused. I didn't think it was possible that God loved me if He allowed me to be so emotionally scarred internally and externally. I discovered this Saint for the impossible and began to ask for her help. There is two of her titles in a Litany of Titles that acknowledges her virtues that really blessed me.

St. Rita advocate of the Impossible, pray for us &

St. Rita who firmly trusted in the Loving Mercy of Jesus, pray for us.

I believed it was impossible that I would ever see or imagine myself as being beautiful and learning to trust again. I didn't miraculously wake up one morning to see myself as beautiful but one day I went to a Beauty Academy to ask if I could train to become a Beautician. The owner said yes but only if I allowed him to transform my appearance.

He proceeded to do this treatment at no cost to me. The second miracle occurred when I was introduced to the Prayer Ministry of Inner Healing. I was encouraged to invite Jesus into the story of my life and pray for the Holy Spirit to heal my wounded spirit and accompanying memories.



Rita was a wife and mother for eighteen years and then a widow before entering the convent. She is the *Saint of the Impossible, abused wives and heartbroken women* and performed many miracles before and after her death.

When I ask for her prayers of intercession, I am asking Jesus to increase my perseverance in prayer; to *Totally Trust* in His Mercy and the healing of my broken heart.

Her Charism for us is the perseverance to pray for impossible causes, abuse in marriages and broken hearts.

THE PRAYER OF CONTEMPLATION **Personal testimony**

St. Teresa of Avila Pray for Us

After I converted to the Catholic faith I discovered the Healing Power of the Sacraments. I also wanted to learn how to pray so I could grow in God's Love and be nourished through His Word. I was having difficulty being still as my thoughts kept racing everywhere until I was inspired to ask for this Saint's intercession.



Teresa was a woman of deep prayer who founded sixteen convents and was proclaimed a Mystic and a Doctor of the Church. She encouraged her Nuns to grow in a personal relationship with Jesus through the Prayer of Contemplation.

When I ask for her prayers of intercession, she helped me to be still in mind and body and share in the Blessings of her prayer union with God.

Her Charism for us is the Gift to Sit/Wait/Listen. To contemplate God's Word in our hearts. To open our eyes to see Jesus in all the events of our life.

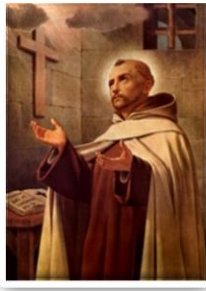
SPIRITUAL JOY IN THE DARKNESS

St. John of the Cross Pray for Us

Personal testimony:

In the dark times of my life when I felt emotionally imprisoned by my fears, I didn't know how to overcome them. They were invisible but real and kept me in a constant state of anxiety.

One day I read a few chapters of St. John's book *The Dark Night of the Soul* and received an inner joy that gave me peace and a new strength. In the darkness I began to grow in the Gift of Hope to believe in the Promises of Christ to overcome my fears.



John endured many years of imprisonment by his peers in the darkness of a prison cell. Through his suffering he experienced the Spiritual Joy of the Lord and wrote the greatest mystical writings of the Church.

The Ascent of Mt. Carmel; The Dark Night of the Soul; The Spiritual Canticles; & Living Flame of Love.

When I ask for his prayers of intercession, I am asking Jesus to bless me with His Graces of Inner Joy, Courage and Fortitude. To enlighten and comfort me in my darkness of faith with His Living Flames of Love.

His Charism for us is an inner joy in the heart and a fortitude in the mind for the dark times in our journey of faith.

SPIRITUAL OPPRESSION

Saint Walburga - Pray for Us

A Testimony

Being spiritually oppressed or afflicted by evil spirits does occur in the twenty first century. The spirits of darkness can afflict us through séances, (*calling up the dead*) fortune telling, tarot cards and by participating in pagan rituals or festivals.

Like angels these dark spirits transmit themselves through time and space. They congregate around us and will try to oppress us through our negative thoughts, un-forgiveness and unhealed emotional hurts. These dark spirits begin to extinguish Christ's Love, Light and Joy within us.



Walburga was the most popular Saint in the Middle Ages and was born in England and invited by St. Boniface to help him in Germany with his missionary work. She had a deep prayer life, did many works of charity, was courageous in her outreach to others and performed many miracles of healing.

When I ask for her prayers of intercession, I am asking for the Deliverance Graces Jesus blessed St. Walburga with for the Spiritually

Oppressed.

Her Charism for us is the desire to bring liberty to the spiritually oppressed and the healing of their body, soul and spirit.

PAGANISM

St. Boniface - Pray for Us

A Testimony

Without Baptism we are vulnerable to the Spiritual Realms of darkness that exist through occult practices and pagan rituals. These spirits can influence our thoughts feelings, fears and emotions and manifest through our character traits.



Boniface was originally from England and appointed as a Benedictine Bishop of Germany in the middle ages. He established several monasteries and was martyred by pagans after he cut down an oak tree considered sacred to them.

When I ask for his prayers of intercession, I am asking for the Deliverance Power Jesus gave to *St. Boniface as extirpator of heathenism*.

His Charism for us is to invoke Jesus Christ as Lord and Saviour for the afflicted, the cursed, the superstitious and the captives of occult strongholds or pagan cults.

Chapter 2

10th Angelus Prayer Charisms

The Language of Love

Speaking & Interpreting the Gift of Tongues



WHY PRAY FOR THE HOLY SPIRIT'S GIFT OF TONGUES?

This Gift is the Language of the Holy Spirit and is the Gateway to all the Supernatural Gifts of the Holy Spirit

The Holy Spirit is God the Father's Divine Love. Through the Spirit He bestows upon us Spiritual Gifts that will help us to build up the Body of Christ.

These Gifts enable us to serve God in praise and worship and to serve one another. They help us to grow in experiential faith and develop a personal and intimate love relationship with Jesus. The Gifts empower us to participate in Church Ministry and in the wider community.

The Gift of Tongues is one of the Gifts or Charisms of the Holy Spirit. Even though Tongues is considered the least of the Gifts it's very important for praise and worship. We can express our love for God by praying and singing in Tongues.

This Gift also helps us in the Prayer of Contemplation when our mind is so active we have difficulty being still to listen to the interior voice of the Holy Spirit.

Praying in Tongues for the healing of life's hurts is *life changing* especially in the areas of trauma and emotional distress. The Gift of Tongues helps a person to release their emotional pain, anger, frustrations, fears and feelings that cannot be put into words through God's Language of the Holy Spirit.

The ability to interpret Tongues enlightens us how to pray specifically for ourselves and for others. The tone and intensity of Tongues change when un-forgiveness is present, or the powers of darkness are deceiving us.

Tongues cannot lie nor can we make them up. They express and reflect our inner selves and are invaluable for our spiritual growth.

“So my brothers be eager to Prophecy and do not suppress the Gift of speaking in Tongues but make sure that everything is done in a proper and orderly fashion.” (1Cor 14:39-40)

“I thank God that I speak with Tongues more than any of you” (1Cor 14:18)

St. Paul gave guidelines to the Corinthians about the importance of using the Gift of Tongues and their Interpretation for Prophecy. He was emphasising how the Gift of Tongues ministers to unbelievers and the Gift of Interpretation empowered a person to Prophecy God’s Word of encouragement to believers.

PRAYING FOR THE GIFT OF TONGUES

St. Paul says, *“I want you all to speak in Tongues” (1 Cor 14:5)*

Praying for this Gift can be with others or by ourselves. It begins with a desire in our heart to release God’s Power of Love within us and to receive the Holy Spirit’s Spiritual Gifts. These Gifts of Jesus help us to pray and proclaim His Love and Promises for others, build up the Body of Christ and to bring the Good News to the poor.

One of the most difficult aspects about comprehending the Holy Spirit’s Language of Love is that it does not flow from the intellect but from our spiritual inner being.

We have no control over the words or consonants. We feel embarrassed and ridiculous when we repeatedly say the same word or phrase over and over again like a babbling baby.

Apostle Peter tells us at Pentecost that people thought the Disciples were drunk when they began speaking in Tongues. He said, *“These men are not drunk, as you imagine; why it is only the third hour of the day. On the contrary this is what the prophet was saying:*

*“In the last days – the Lord declares
I shall pour out My Spirit on all humanity*

Your sons and daughters shall prophesy,

Your young people shall see visions,

Your old people see dreams

Even on the slaves, men and women

In those days, I will pour out my Spirit.

(Acts 2: 15-18)

Doubts too will flood your mind after you pray for this Gift. You will question how these funny noises can be the Gift of Tongues. All we seem to be doing is speaking

lots of consonants or syllables that have no rhyme or reason. These doubts can be so convincing that our human pride begins to squash the consonant's bubbling up within us waiting to be vocally released. We will need to remember St. Paul's words,



“That is why anybody who speaks in a Tongue must pray that he may be given the Interpretation. For if I pray in a Tongue, my spirit may be praying but my mind derives no fruit from it. What then? I shall pray with the spirit, but I shall pray with the mind as well: I shall sing praises in the spirit and I shall sing praises with the mind as well.

Otherwise, if you say your blessing only with the spirit, how is the uninitiated person going to answer “Amen” to your thanksgiving, without understanding what you are saying? You may be making your thanksgiving well, but the other person is not built up at all.

I thank God that I speak in Tongues more than any of you; all the same, when I am in the assembly, I would rather say five words with my mind, to instruct others as well, than ten thousand words in a Tongue.”
(1 Corinthians 14:13- 19)

Always attempting to be in control of outcomes can be another blockage preventing you from receiving this Gift.

When we fail to progress past the repetitive tongue syllables or words it is usually a sign that our spirit is grieved or wounded. It's important to ask Jesus why these words keep being repeated and listen for the quiet gentle promptings of the Spirit within you.

You may need to forgive someone and surrender your pain or hurt to Jesus. After you do this, you will discover the Spirit releasing new words and sentences for you. Also if a curse has been placed upon you or your family tree this too will often prevent the flow of tongues.

PRAYER FOR THE GIFT OF TONGUES



We look at Jesus through the eyes of faith and ask for a new out-pouring of His Holy Spirit to pray in Tongues.

(Luke 3: 21-22., 1 Cor 12: 4-11)

Jesus, I am mindful of my human weaknesses, yet with great confidence, I come before You. I am still in need of Your Forgiveness, Mercy and Healing.

I surrender myself to You..... all my abilities and weaknesses

I bring to You all my fears about sounding foolish and embarrassed by what others think and my unreasonable control over the way I express myself.....

Send down the Fire of Your Love and anoint my heart with Your Holy Spirit to desire God's Language of Love.....

Release my tongues so I can praise and worship You.....

Restore and heal my heart from the effects of sin and heal my broken heart by Your Love.....

Grant me the Gift to speak in Tongues for praise and healing and to build up of Your Kingdom here on Earth.....

Empower me with the Gift to Interpret Tongues and enlighten me to receive Your Divine Inspirations for all the other Spiritual Gifts to develop and mature within me.

I give thanks and praise for Your Language of Love Jesus

Now visualize the rays of the Holy Spirit - Coming down upon you

Pray repeatedly:

"Come Holy Spirit grant me the Gift of Tongues"

For the next five to ten minutes.



PRAYER COMMENT:

Not everyone can be with others to pray over them to receive this Supernatural Gift. But their presence does help and encourages us to persevere in the early stages of developing this Gift. Having prayed with many people to receive the Gift of Tongues on an individual basis I have discovered that it helps to repeat someone else's Tongue words.

WHEN DO I PRAY IN TONGUES?

When I pray in silent contemplation, I simply remain without words, or with only a few words, in the Lord's Presence, looking at Him in faith.

I do not have any great things to say, any particular thoughts or ideas. I am just looking lovingly at the Lord looking at me. I am silently contemplating Him.

I do something similar when I pray in Tongues. I do not have any specific thoughts or ideas. I do not understand what I am saying or singing in Tongues. The meaning of Tongues is not in the sounds, as though they were words that represented ideas. The meaning of Tongues lies in the heart.

When I pray in Tongues, I simply look at the Lord in faith and sing to Him some syllables that do not have any special meaning except expressing what is beyond language. Prayer in Tongues is vocal contemplation. I can contemplate the Lord silently or out loud.

Many people who receive the Gift of Tongues after the *Baptism of the Holy Spirit* begin their *Daily Prayer* time with a brief period of Tongues for a few minutes before they enter into the Lord's Presence and remain there silently in Contemplative Prayer.

We do not know how to pray as we ought, but the Spirit Himself prays for us with sighs too deep for words. And He Who searches the heart knows what is the mind of the Spirit
(Rom 8:26-27).

When I do not know what to say or what to ask, when a situation is beyond me, I can pray in Tongues, asking the Holy Spirit within me to take over the meaning of my prayer.

(Edited extract from: *The Contemplative Way of Prayer* by Robert Faricy, S.J. and Lucy Rooney, S.N.D. p 43 Queenship Publishing company Santa Barbara, California 1986)

PRAYER MINISTRY THROUGH TONGUES AND INTERPRETATION

The Gift of Tongues is the Holy Spirit's Language of Love. Praying in this language of syllables that appears to have no rhyme or reason enables the Spirit to communicate with us. These words can be for us personally or for others. They give a voice to God's Love and His concern for us and speak to God about our love, hidden thoughts and fears buried deep within us.

Jesus's Desire is for everyone to become *Fully Alive* in the Power of His Spirit and His Gift of Tongues can help us to do this. This movement of the Spirit through tongues helps us to proclaim the Promises of Christ. There are a variety of Tongues for praise, thanksgiving, healing and to set people free from emotional imprisonment.

The Gift of Tongues helps us to recall unhealed memories or traumas that continue to afflict us. Praying in tongues will anoint our wounded spirit with God's Peace.

Interpretation of tongues is not an exact science it's a metaphysical or intuitive concept about what the words mean inspired by the promptings of the Holy Spirit. By just praying the *Living Words* of the Holy Spirit (*speaking in Tongues*) people do receive healing without having to interpret what is being said. But in deeper wounds like rejection and abuse the Interpretation of Tongues becomes an invaluable prayer that identifies the presence of dark or negative spirits. These oppressive spirits overshadow a person's feelings inciting negativity, anger, distress, confusion or emotional turmoil.

Interpretation of Tongues will help us to understand what the Spirit is saying. This Gift also guides us how to proclaim God's Word for healing. Many people are affected by the emotional scars of their life experiences. The rejections, abusive interactions of others towards them, the betrayal of loved ones and the feeling of not belonging.

In most incidences these scars are hidden in their subconscious memories, but they still affect the way they react and respond to events or people in their lives. These *Wounds of Rejection* can also be received within the womb.

Only the Holy Spirit knows the depths of our spirit. When we pray in Tongues His Spirit empowers us to identify and name our fears or hurts. (*Romans 8:26-27*)

Dialoguing in Tongues: Is when a person prays in Tongues and Prophetically Interprets their own Tongue or another person's Tongue. These Supernatural Words of Knowledge are like signposts that guide us to the root cause of our emotional pain or how to pray for others. Unforgiveness will prevent God's Love from flowing freely and when unforgiveness is present our Tongues can go into a repetitive pattern of syllables that alert us about an unresolved issue. Dialoguing in Tongues is extremely beneficial in the prayer ministry of inner healing or intercession.

Chapter 3

11th Angelus Prayer Charisms

The Role of Angels in Intercessory Prayer



In the hustle and bustle of life, we rarely reflect about the co- existence of Spiritual Light or darkness in our world or even acknowledge Christ as the Source of Light that cannot be overcome.

But many people do sense or experience a reality or presence of light and darkness in relation to people or places.

i.e. *"I feel this person has good vibes and you can trust them."*

"Every time I come to this place; I feel as though it's sacred. It seems to nourish my soul."

"I am scared when this person comes close to me, I don't know why but they somehow threaten me by the darkness that surrounds them."

"The atmosphere in this house is so heavy, it's like something bad or scary has happened and I can't wait to get out of here."

These examples reflect two different spiritual realities of angelic existence that bring light or darkness to surround a person, place or location. In the spiritual world, these realms or realities can expand or decrease, depending on acts of forgiveness and mercy. God's Light will radiate and expand if *Acts of Love and Charity* are present. If hate and un-forgiveness abounds, then the reality of darkness intensifies.

Each time we forgive, and pray for the forgiveness of others, Jesus comes with His Angels of Mercy to dispel the darkness. Jesus' Angels bring His Love and peace to us and those we are praying for and the Light begins to shine in the darkness and overcomes it.

If we choose not to forgive, then the density of darkness increases and begins to oppress us. We are tempted by the fallen angels to become resentful or negative towards those who have hurt us. Our thoughts, feeling or attitudes can be tainted by the presence of this reality of darkness.

Praying with the Angels

Before we can begin to pray with the Angels we will need to know about their history and their role in our Christian Faith Beliefs; to perceive them as Messengers of Grace in God's plan for the Salvation of Mankind, rather than fantasising them only as winged celestial creatures of romance and beauty.

Angels are spirits that were created by God to serve Him and the Heirs of Salvation. But they to like human beings, had to go through a trial of free will. Even though we do not know for certain what the trial was, many spiritual writers suggest that that their trial was to accept the Mystery of the Incarnation for the Word of God to be made Man through Mary.

Lucifer who was the first and one of the most gifted Angels created by God, rejected God's plan for Salvation. Inflated with spiritual pride about his own importance, he refused to serve Jesus as his Creator and submit to Mary, who was lower than the lowest of Angels. He united with some of the Angels in Heaven to protest about Jesus and Mary's role in the Salvation of Souls.

Michael another Archangel in Heaven intervened by challenging the Celestial Spirits to accept God's plan for Adam and Eves descendants. The majority of the Celestial Hierarchies agreed with St. Michael and then war broke out in Heaven with Lucifer and one third of the original Angels being cast out of Heaven. *(Rev12:7-8)*

After Lucifers fall from Grace he became known as Satan and the fallen angels as evil spirits and Mary became known as Queen of Angels.

Angels protect us from Spiritual Attacks.

In the Prayer Life of a Christian, Spiritual Warfare is a reality. This war is between Jesus and His Angels in the Kingdom of Light and the fallen angels in Satan's Kingdom of Darkness. Jesus' Death on the Cross won this Spiritual Battle, but we still need to pray to Jesus for the healing of our wounds in the body, soul and spirit. If we ignore our wounds, then we will continue to come under spiritual attack.

Satan retaliates against an Intercessor, praying for the deliverance of others. He has no power to prevent their prayers from dispelling evil as Jesus has already won the victory. But he can respond by sending his evil spirits into battle to spiritually attack the Intercessor and renew attempts to tempt the person who has just been prayed for.

His evil spirits can tempt us through all the vulnerable and unhealed areas in our lives by playing on our wounds, fears, and insecurities. His spirit may harass our thoughts and feelings, self-esteem issues, relationships or employment/financial insecurities etc. he tries to tempt us to lose trust in God's Love and Protection and in the Power of Prayer. If he can't undermine our peace in this way, then he may retaliate by attacking

our loved ones to cause us to become distracted or concerned for their welfare. His tactic is to prevent the Intercessor from praying and trusting in God's Power to overcome the power and darkness of evil.

It's no wonder so few people continue to persevere in the Prayer Ministry of Intercession. When I kept coming under spiritual attack, I too began to doubt.

Where are you God?

It was at this point in my prayer journey that the Holy Spirit began to teach me about the Roles of Angelic Choirs in Spiritual Warfare and the healing of my relationships. (1 Peter 5:6-9)

*An Intercessor will continue to come under Spiritual Attack
if they fail to pray for Healing in their own lives
and for their loved ones.*

Angels interact with us through our thought processes. They do not have the power to make us do things, as we have free will. When we pray, they cleanse the airwaves for our spiritual inner ear to hear the Guidance of the Holy Spirit. The intervention of Angels prepares the way for the healing of our wounded spirit and enables us to hear the interior promptings of the Holy Spirit when we **sit/wait/listen**.

Being spiritually aware or sensing the presence of an Angelic World differs from culture to culture. In the Catholic Church, when a priest baptises, he anoints the physical and spiritual senses. These senses are released in a deeper way after the laying on of hands from the Baptism in the Holy Spirit. (1Cor 12:13)

Prayer for the anointings of the Spiritual senses.

Angels cleanse the spiritual communication waves for intercessors.

*You will listen and listen again, but not understand,
See and see again, but not perceive.*

*For the heart of this nation has grown coarse,
their ears are dull of hearing, and they have shut their eyes,
for fear they should see with their eyes, hear with their ears,
understand with their heart, and be converted and be healed by me.*

*But happy are your eyes because they see, your ears because they hear!
I tell you solemnly, many prophets and holy men longed to see what you see,
and never saw it; to hear what you hear, and never heard it. (Matthew 13 :15-17)*

The cleansing of the Spiritual Senses by the Angels helps us to interiorly hear and feel the movement of the Spirit speaking to us in our hearts.

Prayer Exercise

Place yourself in the Presence of God and imagine the Light of the Holy Spirit overshadowing you as you pray.

The Mind:



Liberating the Mind to recognise the Promptings of the Holy Spirit

*T*his prayer liberates the mind to be open and to hear the Will of God through the promptings of the Holy Spirit. Its aim is to deliver us from the dominating desire to always be in control, so we can respond to the interior voice of the Holy Spirit.

Make the Sign of the Cross over your head.

Prayer:

Jesus, I ask for Your Forgiveness for any pride in my intellectual achievements and abilities. I surrender to You my mind and all my desires to control the outcomes of my life. Have mercy on me, Jesus and deliver me from my own wilfulness by the Blood of the Lamb.

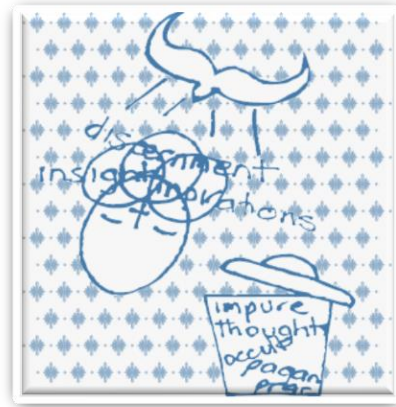
Bless me through God's Ministering Angels the Choirs of Principalities, to defeat my sense of determination to do things my way.

In Jesus' Name I pray. Amen.

Pray quietly in Tongues **or** repeatedly pray,

"Jesus have mercy on me" for a few moments.

The Forehead



Liberating the Visionary Gifts

This prayer liberates the Visionary Gifts, heightens our ability and awareness to receive insights, inspirations and discernment from the Holy Spirit. This Gift cleanses us from the effects of sin flowing through to us from impure thoughts, occult or pagan practices and those of our ancestors.

Make the Sign of the Cross on your forehead between your eyebrows.

Prayer:

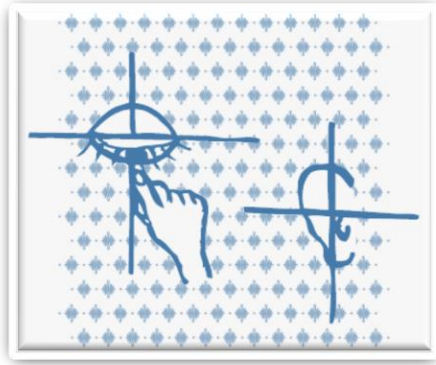
Jesus, I ask for Your Forgiveness, and surrender to You all my thoughts, fantasies, desires and images that have not been inspired by Your Holy Spirit. Have mercy on me and cleanse my mind and thoughts by the Blood of the Lamb. **Bless me through God's Ministering Angels, the Choir of Cherubim** and cleanse my Family Tree from any of the effects flowing from occult and pagan practices.

In Jesus' Name I pray. Amen.

Pray quietly in Tongues **or** repeatedly pray,

"Jesus have mercy on me" for a few moments.

The Eyes and Ears



Liberating the Gifts of Light and Hearing God's Word

By liberating the eyes, the Gift of Light enables us to see God's Light and Presence in others and blesses us with the Spiritual Insights to see how to pray for others.

By liberating the ears, the Gift of Hearing God's Word enables us to listen interiorly to the Holy Spirit's guidance.

Make the Sign of the Cross over your eyes and ears.

Prayer:

Jesus, I ask for Your forgiveness if my eyes have looked upon images that do not reflect Your Glory. I surrender those times to You now. Have mercy on me and cleanse my eyes through the Blood of the Lamb. **Bless me through God's Angelic Ministry and send forth St. Raphael the Archangel,** to restore my spiritual vision to see God's Presence and love in others. Enlighten me with Your Spiritual Eyes to see, so I can pray for others.

Jesus, I ask Your forgiveness if I have failed to discern my choice of music and failed in my desire to listen to only what magnifies Your Name and Presence. I now surrender those activities to You. Please release me from negative words spoken about me.

Have mercy on me and **cleanse my ears through the Blood of the Lamb. Bless me through God's Ministering Angels of His Word,** and release my spiritual ears to hear the promptings of Your Holy Spirit.

In Jesus' Name I pray. Amen.

Pray quietly in Tongues **or** repeatedly pray,

"Jesus have mercy on me" for a few moments.

Your Vocal Cords and Lips



Liberating us to freely express ourselves through Speech

This prayer liberates the Gift of Praise and removes constraints in our speech and empowers us to freely express our thoughts, feelings and emotions.

Liberating the lips releases within us the Gift of Praise and empowers us to praise God in all things.

Make the Sign of the Cross over your vocal cords and lips.

Prayer:

Jesus, I surrender to You any resentment I may have towards those who crushed my spirit and robbed me of my childhood innocence. I ask for the Grace to forgive them and to forgive those who prevented me from experiencing the freedom to speak and express my emotions. Jesus have mercy on me, and set me free by the Blood of the Lamb. Bless me now through the ministering actions of God's Angels of Hope. Fill me with Your joy so I can continue to praise God in the good times and in the difficult times.

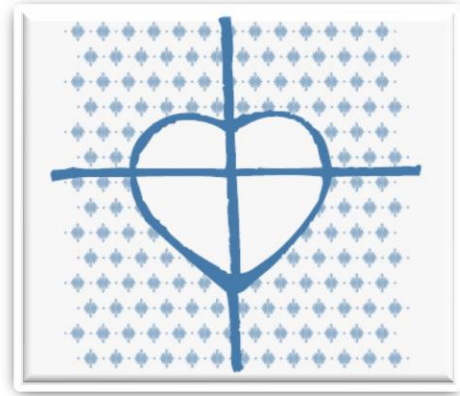
Jesus, I surrender to You all the ways I have devalued myself and others or used Your Name in vain. Please forgive me and have mercy on me. **Cleanse me through the Blood of the Lamb and send forth God's Ministering Angels, the Choir of Seraphim, to minister to me with God's Words of Love.** Bless me with the Words of the Holy Spirit to always praise Your Name.

In Jesus' Name I pray. Amen.

Pray quietly in Tongues **or** repeatedly pray,

"Jesus have mercy on me" for a few moments.

The Heart



Liberating the Gifts of Love and Service

*T*his Gift enables us to pray to be set free to love, serve and adore God.

Make the Sign of the Cross over your heart.

Prayer:

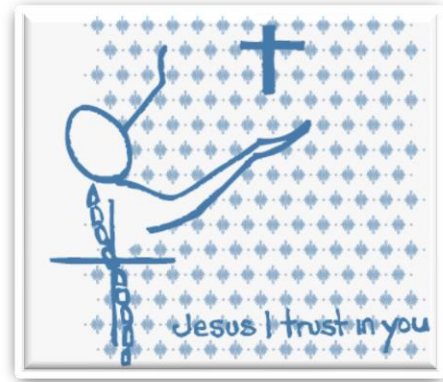
Jesus, I surrender to You my heart. Forgive me for all my worldly thoughts, attitudes and vanities that take me away from loving, serving and adoring You. **Cleanse me by the Blood of the Lamb and bless me through the Ministering Actions of God's Archangel St. Michael.** May he wield his double-edged *Sword of Truth* and cut away all attachments impeding me from growing in God's Love. Create a desire within me to seek Mary's Virtues to grow in love and service.

In Jesus' Name I pray. Amen.

Pray quietly in Tongues **or** repeatedly pray,

"Jesus have mercy on me" for a few moments.

The Hands and Spine:



Liberating the Gifts, to Trust in God's Love and Truth

Liberation of the hands enables us to Trust in God's Love. Liberating the spine enables us to stand for Truth and to walk with courage in the way of Christ.

With your hand make the Sign of the Cross over the full length of your body. Visualise the Sign of Cross being made over your spinal column.

Prayer:

Jesus, I ask Your Forgiveness for the times I stopped trusting in Your Love. I now surrender all my feelings and emotional responses towards those who may have used or abused me, physically, psychologically, emotionally, sexually or materially. Release me from the spirit of un-forgiveness, have mercy on me and cleanse me through Your precious Blood. **Heal my wounds through the Ministering Actions of God's Archangel St. Raphael.** Restore me again with God's Glory so I can trust and grow in His Love.

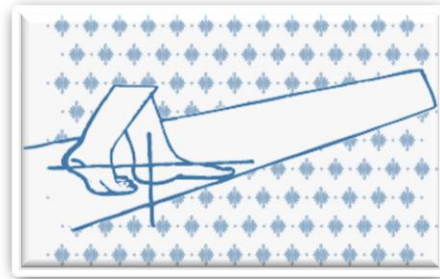
Jesus, I ask forgiveness for the times I have failed to walk in the way of Your Truth and for the times I have compromised Your Teachings and Values. I surrender my attempts to defend and live out the teachings and virtues of a Christian life and may the Blood of the Lamb deliver me from apathy and indifference. **Release Your Ministering Angels, the Choir of Principalities, to help me to stand for Truth and the Fortitude to give witness for Christ.**

In Jesus' Name I pray. Amen.

Pray quietly in Tongues **or** repeatedly pray,

"Jesus have mercy on me" for a few moments.

The Feet



Liberating the Feet to Walk as a Disciple

This Gift enables us to walk the path with others as a Disciple of Jesus.

Make the Sign of the Cross over your feet.

Prayer:

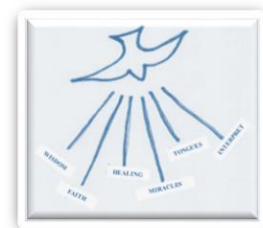
Jesus, I ask forgiveness for following my desires and isolating myself from sharing the Good News of Your Love with others. I surrender to You my pathway of life. Cleanse me with the Blood of the Lamb. Bless me with Your Compassionate Love and Mercy to minister to Your children. **Release Your Ministering Angels, the Choir of Powers to disperse the distractions of the world, the flesh and the devil.** Empower me with Your Holy Spirit to follow You as a Disciple.

In Jesus' Name I pray. Amen.

Pray quietly in Tongues **or** repeatedly pray,

"Jesus have mercy on me" for a few moments.

Allow yourself to rest in God's presence as the Holy Spirit overshadows you



Praying in the Spirit with Jesus & His Angels.

The Holy Spirit desires intercessors to be familiar with the names of the Angelic Choirs. These choirs have specific roles in the heavenly realms and when we call upon them by name they respond immediately to our Glory Be Prayer .

Prayer Exercise:

We begin this prayer by relaxing in God's Presence and visualising yourself with Jesus and Mary in the Heavenly Court.

In the stillness of resting in God's Presence slowly and meditatively allow Jesus and Mary to introduce you to their Angelic assistants.

They are now introducing you to

Choir of Seraphim:

These Angels offer to God all the praise and prayers of His people. They are messengers of Divine Love. This Choir bring God the Father's Presence and love to us.
(Isaiah 6:6)

Choir of Cherubim:

These Angels offer to God our sinful ways and are Messengers for God's Divine Mercy and Compassion. This Choir releases God's Mercy and convicts us of our sinfulness.
(Genesis 3:24, Hebrews 9., Isaiah 37:16, Psalm 99:1)

Choir of Principalities:

These Angels offer to God our self-determination and wilfulness. They are Messengers for God's Will and the ways of His Holy Spirit. This Choir battles against our own wilfulness and ego so we can follow the inspirations of the Holy Spirit.
(Col 1:16, Ephesians 3:10-13)

Choir of Thrones:

These Angels offer to God the thoughts and ways of ourselves and the world and is a Messenger for God's Peace to restore our mind from conflicting thoughts/teachings. This Choir proclaims Christ's Truths and refutes confused teachings and ideologies that do not acknowledge Jesus as our Lord and Saviour.
(Col 1:16)

Choir of Powers:

These Angels offer to God our distractions of the world, plus desires and temptations from the devil. They are Messengers of Grace for prayer and reflection. This Choir removes the distractions of the world, the flesh and the devil preventing us from finding time to pray and praise God. *(Col 1:16)*

Choir of Dominions:

These Angels offer to God the self-centred and dominating power of evil and is a messenger of God's power to set us free. This choir overcomes the dominating powers of spirits that subdue or oppress us into being subservient to the powers of darkness. *(Col 1:16)*

Choir of Virtues:

These Angels help us to co-operate with God's Grace so we can share in His Divine Nature. They bring to us the Power and Glory of God to have a true devotion to Christ, share in His goodness and escape corruption in a world that is sunk in vice. They are Messengers of God's Grace to Persevere. *(2 Peter 3-11)*

Archangel Michael:

Defends us from the misrepresentation of Christ's Teachings and is a Messenger for God's Truth and Justice. This Archangel defends the Church and God's people with the Sword of the Holy Spirit to defeat Satan's deceptions. *(Daniel 10:13., 12:1., Jude verse 9, Rev. 12:7)*

Archangel Gabriel:

Brings to us the Light and the Power of the Holy Spirit to respond to the Message of Salvation. This Archangel announces the Good News and prepares our hearts to respond to God. *(Daniel 8:16., 9:21. Luke 1:19, 26)*

Archangel Raphael:

Brings the healing light of God for our mind, physical healing for the body and spiritual healing for our wounded spirit. He is the Messenger of Christ's Restoration and Empowerment for forgiveness and healing. *(Book of Tobit)*

Choir of Angels:

These Angels offer to God our efforts to serve and are a Messenger for us to receive God's Grace of Divine Service for others. This Choir brings joy for us to serve others.
(Heb 1:14, John 1:51)

Guardian Angels:

Offer to God our efforts and journey through life and is a Messenger of Grace for companionship, protection and guidance along the way. This Angel shines the Light to show us God's way through our daily activities. (Psalm 91:10, Matt 18:10).

Allow the Holy Spirit to prompt you to return to one of the Angelic Choirs and pray for Mary of the Angelus to enlighten you about this specific Choir.

We now close this time of meditation with a Prayer in Honour of the Trinity.

"Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen."

I found myself returning over and over again to meditate on just one choir over the weeks that followed, inviting the Holy Spirit to nurture my heart with a wisdom, knowledge and love for God's Celestial Beings.

From this time of Contemplation, the Holy Spirit infused my heart with spontaneous prayer for Angelic assistance, when praying specifically for souls who were in Satan's stronghold of vice or sin.



Valerie's Personal Witness

Interceding with Angelic Assistance

Sharing her insights on how the Spirit prompted her to pray



Choir of Seraphim: (Angels of God's Love)

Prayer Comment:

These Angels bring to us God the Father's Love and Minister to us in our body, soul and spirit.

We are created in love and when our love has been violated, rejected or abused, we cry out to be consoled. No human being can ease the pain of a wounded spirit. Only our Creator can do this, and He sends His Angels of Divine Love to anoint our wounds and restore our spirit.

Prayer:

"Come Holy Spirit; send forth the Choir of Seraphim to minister to me God the Father's Love in all the areas of my life that are still wounded and hurting for a father's blessing and affirmation.

*Glory Be to the Father and to the Son and to the Holy Spirit ...
Mary of the Angelus, pray for us."*

Personal Testimony:

Love is the *Essence of Life* and without love we begin to die. Our spirit withers and we lose our vitality and spontaneity for life. We have difficulty trusting in God or in others. Calling on these Angels released me from descending into anger or self-pity about my circumstances. "Why Me God?"

They ministered to me the Grace of God the Father's Love in all the areas in which I had lost trust and hope.

When people comment to me that they have never experienced God's Love or been loved, I call on the Choir of Seraphim to bring the presence of God the Father's Love into all the pain and hurts of their life.

Choir of Cherubim: (Angels of God's Mercy)

Prayer Comment:

These Angels engage in an unseen Spiritual Battle to bring God's Mercy and to convict us of our sinful ways or choices that lead us away from receiving love and blessings. They set us free from the temptations of our human desires.

Prayer:

"Come Holy Spirit and send forth the Choir of Cherubim to convict me in my heart to be sorry for the sinful choices I have made and deliver me from those desires that may lead me to sin. Have mercy on me Jesus.

*Glory Be to the Father and to the Son and to the Holy Spirit ...
Mary of the Angelus, pray for us."*

Personal Testimony:

Calling on these Angels helped to deliver me from being spiritually burdened by the effects of sin. As Messengers of Grace, they kept bringing me God's Merciful Love for me to choose the ways of Light, rather than of darkness.

Choir of Principalities: (Angels of God's Will)

Prayer Comment:

These Angels engage in a Spiritual Battle to set us free from the temptations to follow our own will. They subdue the ego for us to listen to other people's suggestions or the Promptings of the Holy Spirit.

Prayer:

"Come Holy Spirit; send forth the Choirs of Principalities to set me free from my wilfulness or from being egocentric that prevents me from hearing the Promptings of Your Spirit. Jesus have mercy on me.

*Glory Be to the Father and to the Son and to the Holy Spirit ...
Mary of the Angelus, pray for us."*

Personal Testimony:

I had self-esteem issues and compensated by comparing my gifts and talents with others. God's plan or will unfolded for me when these Angels removed the spirits of darkness that kept reinforcing my negativity. These Angels ministered to me the Holy Spirit's Confidence and Joy to listen and believe in the affirmative Words of Love and Encouragement that I heard deep within my spirit.

Choir of Thrones: **(Angels for Christ's Kingship over
our minds and thoughts)**

Prayer Comment:

These Angels bring Christ's Authority over our thoughts and senses. They engage in a Spiritual Battle to subdue our senses and thoughts for prayer and for our lives to become Christ-centred. They also deliver us from the temptations to entertain impure thoughts and desires.

Prayer:

"Come Holy Spirit and send forth the Choir of Thrones to place the Kingship of Christ's Authority over my thoughts and senses. Set me free from any disturbing thoughts or consuming passions and fantasies that are not Christ-centred. Jesus, have mercy on me and may the Angels restore my mind again with your peace and presence."

*Glory Be to the Father and to the Son and to the Holy Spirit ...
Mary of the Angelus, pray for us."*

Personal Testimony:

Sometimes I become so preoccupied with my activities or goals, I neglect my relationship with Jesus and prayer. These Angels set me free from being attached to the things of this world and the freedom to choose what God's plans are for me. I found these Angels intervened by bringing God's Peace and Grace into my disturbing memories of childhood. They restored the uncertainty and fear with a presence of love, peace and comfort.

Choir of Powers: **(Angels of Piety)**

Prayer Comment:

These Angels empower us to choose God and Prayer over worldly distractions. They engage in a Spiritual Battle to set us free from the consuming activities of daily life. They are God's Garden whipper-snippers and trim the edges of our life-choices to make room for God and prayer.

Prayer:

"Come Holy Spirit; send forth the Choirs of Powers to set me free from worldly distractions and pleasures that prevent me finding time to pray for the salvation of souls."

*Glory Be to the Father and to the Son and to the Holy Spirit ...
Mary of the Angelus, pray for us."*

Personal Testimony:

Prayer changes the world, and God changes us when we pray. These Angels are my favourite, and I would call upon their assistance daily. I am a busy person, with lots of activities and demands upon my time. These Angels somehow move around events or people so I can find the time to pray and minister the grace for me to make time-choices for God.

Choir of Dominions: (Angels of Honour)

Prayer Comment:

These Angels protect us and others from dominating and threatening behaviour. They engage in an unseen Spiritual Battle to defeat Satan's evil spirits from growing in power and strength from human fear. They set us free from people lording it over us and help us to stand with Honour and Integrity in Christ's Power.

Prayer:

"Come Holy Spirit; send forth the Choir of Dominions to deliver me from the dominating ways and actions of others and restore me with your honour and integrity to stand firm in your power and love.

*Glory be to the Father and to the Son and to the Holy Spirit ...
Mary of the Angelus, pray for us."*

Personal Testimony:

These Angels set me free from other people trying to bully or control me. I no longer stewed over their hurtful remarks or actions. I began to honour and respect who I am. These Angels ministered to me God's Grace to be free in the Power and Strength of His Love.

Choir of Virtues: (Angels of Virtues)

Prayer Comment:

The choirs of virtues elevate our good acts by divine grace so we can love what is good and avoid evil. They also help us to co-operate with the Holy Spirit to grow in love, kindness and serving others.

Prayer:

"Come Holy Spirit; send forth the Choir of Virtues to offer to Jesus every good deed I have initiated towards others. I unite these actions with Jesus' Passion and pray for them to

be transformed into Supernatural Acts of Mercy and love that will convert hearts towards God."

*Glory Be to the Father and to the Son ...
Mary of the Angelus, pray for us."*

Personal Testimony:

My heart's desire is for everyone to be touched by God's Presence and one of the ways I can do this is by attempting to love and serve others through my faith beliefs.

Choir of Archangels: (Angels of Adoration)

Prayer Comment:

These Angels have Guardianship over us individually, institutions and nations. They stand in God's Presence, worshipping and adoring God.

They intervene in people's lives to try to prevent them from committing deadly sins. They protect us from evil influences that separate us from God and our risk of losing salvation.

Prayer:

"Come Holy Spirit; send forth your Heavenly Princes, the Archangels, to minister the Graces of Contrition to me and my nation for any sins of pride, envy, avarice, sloth, lust, greed, and anger.

May the Angels be your Messengers of Grace for a humble and contrite heart to worship and praise God.

*Glory Be to the Father and to the Son and to the Holy Spirit ...
Mary of the Angelus, pray for us."*

Personal Testimony:

The seven deadly sins tempt us in subtle ways about our life-choices in financial dealings, relationship issues, workplaces and employment practices.

When I am in doubt, I will invoke the Choir of Archangels to set me free from these temptations and minister to me the Grace for a humble and contrite spirit to walk in God's Truth, Justice and Integrity.

St. Michael the Archangel: (Guardian and Protector of the Church)

Prayer Comment:

He is God's Guardian and Defender of the Faith and continuously engages with Satan and his rebellious spirits. These evil spirits maliciously attack God's children to try to destroy their faith and belief that Jesus is the Son of God and the Son of Man.

Prayer:

"St. Michael the Archangel; defend us in our time of conflict, be our safeguard against the wickedness and snares of the devil. May God restrain him we humbly pray, and do thou, O Prince of the Heavenly Host, by the Power of God thrust Satan down to hell and with him all the other rebellious spirits who wander through the world seeking the ruin of souls.

*Glory be to the Father and to the Son and to the Holy Spirit ...
Mary of the Angelus, pray for us."*

Personal Testimony:

When someone attempts to attack or distort the Teachings of the Catholic Church, I pray for St. Michael's assistance to help me.

Satan attempts to deceive through half-truths and create confusion. St. Michael will intercept these forms of communications and be victorious over Satan's malicious attempt to undermine my faith and beliefs.

When I am inspired by the Holy Spirit to pray for cultures opposed to Christianity, I will invoke his assistance to defeat the rebellious spirits inciting the nation to express their hostility towards the teachings of Christ.

St. Gabriel the Archangel: (God's Archangel for Communication)

Prayer Comment:

This Angel communicates the Message of Hope to Mankind and prepares the way for the evangelisation of hearts, so God's Word can be conceived there.

Prayer:

"Come Holy Spirit; and send forth St. Gabriel to announce the Good News to me and all those I am prompted to pray for.

*Glory be to the Father and to the Son and to the Holy Spirit ...
Mary of the Angelus, pray for us."*

Personal Testimony:

When I see people's hearts hardened through life experiences, I pray for them to experience a touch from the Lord.

Sometimes the Holy Spirit prompts me to pray for St. Gabriel to minister to them Mary's Gift of Hope and to prepare their hearts to hear God's Word.

St. Raphael the Archangel:

(God's Healing Archangel)

Prayer Comment:

This Angel opens our eyes to see the Glory of God and is His Messenger of Grace for the healing of our mind, body and spirit.

Prayer:

"Come Holy Spirit and send forth Archangel St. Raphael to remove the film of darkness over my eyes and the eyes of those I pray for. Restore our vision with God's Healing Light and allow us to see ourselves and others through the eyes of Jesus.

*Glory be to the Father and to Son and the Holy Spirit ...
Mary of the Angelus, pray for us."*

Personal Testimony:

The Holy Spirit has often inspired me to pray for St. Raphael's assistance for the spiritually oppressed.

We live in the darkness of Satan's reign here on earth. This Archangel removes the veil that covers our eyes to the reality of Spiritual Realms. When I invoke the assistance of this Archangel, I am able to see God's Glory and beauty surrounding them, but I can also see or perceive the spiritual darkness overshadowing them from un-forgiveness or unhealed hurts. This Angel assists us in the prayer ministry of healing.

Guardian Angel

Prayer Comment:

These Angels are appointed by God to be our Spiritual Companions. They Light the way in the darkness, guide us how to walk in the ways of faith, and Guard us from evil. They also help us to recall past events in our lives so we can bring them to Jesus for healing.

Prayer:

"Angel of God, my Guardian dear, to whom God's Love commits me here, ever this day be at my side, to light, to guard, to rule and guide. Amen."

Personal Testimony

My Guardian Angel is like the inner light and voice of my conscience, always suggesting ways for me to grow in God's Love and Grace.





Mary of the Angelus Prayer Chaplet

Come Holy Spirit, send forth the Angelic Choirs to proclaim Christ's Victory for those still in darkness and captive to sin.

Glory Be to the Father and to the Son and to the Holy Spirit as it was in the beginning is now and ever shall be world without end. Amen.

- ❖ **Choir of Seraphim** – God the Father's Love. Glory Be
- ❖ **Choir of Cherubim** – God's Mercy. Glory Be
- ❖ **Choir of Principalities** – God's Will. Glory Be.....
- ❖ **Choir of Thrones** – Christ's Kingship and Authority over our mind and senses. Glory Be.....
- ❖ **Choir of Powers** – Removes the distractions of the world for prayer. Glory Be.....
- ❖ **Choir of Dominions** – Delivers us from fear and dominating passions. Glory Be.....
- ❖ **Choir of Virtues** – Perseverance in acts of love, mercy & kindness. Glory Be.....
- ❖ **Archangel Michael** – Defender of the Faith. Glory Be.....
- ❖ **Archangel Gabriel** – Messenger of hope, bringing the Good News. Glory Be.....
- ❖ **Archangel Raphael** – Healing for our mind, body and spirit. Glory Be.....
- ❖ **Archangels** – Protect us in times of temptations from the seven deadly sins. Glory Be.....
- ❖ **Guardian Angel** – God's Spiritual Companion to light, guard, rule and guide. Glory Be.....

"Mary of the Angelus, Pray for us!"

Mary's Title of Intercession proclaims the Mystery of the Incarnation (*for the Word of God to be made flesh in her womb and in the souls of those we are praying for as well*).

Prayer Comment:

Angelus Intercessors are encouraged to pray this Chaplet at the closure of a prayer session. Summoning the Angels is a cleansing and precautionary exercise to prevent any spirits of darkness attaching themselves to members due to unhealed hurts or unresolved relationship issues.

THE PRAYER OF INNER HEALING
BRINGS HEALING TO
THE WOUNDED SPIRIT.

Chapter 4

12th Angelus Prayer Charisms

The Prayer of Inner Healing



General Prayer for the Healing of Life Hurts.

Sometimes we can approach prayer in a mind set that healing will automatically occur if we pray in a certain way and we genuinely desire what we are asking for.

Prayer is not magic and God is not Father Xmas who is suppose to give us gifts that we want to make us happy. Healing is for our body, soul and spirit that has been wounded by others or through our choices to sin against God's commanments.

We are all at different stages of a faith journey and prayer ministry can be offered to us in a vareity of ways. Its a gentle process of us discovering his love, presence and his healing power touching our lives.

This prayer brings healing to us in a general way but it also highlights those areas that are emotionally sensitive and still remain unhealed deep within our spirit. (they can manifest in this prayer by the welling up of emotions, tears, tingling feelings throughout the body, heart flutters etc)

If you wish to pray for the healing of those deeper hurts read through the following prayer exercises .

Prayer Exercise :

The ideal way to prayer this prayer is to invite a narrator to meditatively pray the prayer with us, pausing at the dots to allow the spirit to speak and for our emotions or memories to surface.



Come Holy Spirit, gift me with your love and grace to believe Jesus is present with me now as I bring to mind my life hurts and memories.

Jesus, ... you are my God and Saviour ... my Lord and Healer ... I surrender to You my whole life ... past, present and future.

Jesus ... You loved the idea of me so much that You wanted me to be born. ... You called me forth in love.....

Jesus ... I ask You to bless me from the first moment of my conception ... and set me free from any wounds affecting me from my parents' inability to accept and rejoice in

God's gift of life to them ... Heal me, Jesus from any sickness or inherited traits transferred to me through my heredity lineage ...

Jesus.... I ask You to be present during the nine months of my formation in my mother's womb. ... It was You who watched me take shape there.... ... Jesus if I was harmed in any way through my mother's anxieties, ... bad health ... poor diet ... if any of her fears communicated themselves to me ... and made me anxious and fearful ... Jesus, I ask You to heal me.....

Jesus ... You were present at my birth. ... If the labour was long and difficult ... if my brain cells were damaged through instrument birth, or rough handling ... heal me Jesus.....

Let Your hands receive me as I come into the world, and heal the birth trauma ... Take me, Jesus ... and give me to my Mother Mary to stroke me into life. ... Heal me, Jesus, of any feelings of abandonment ... or from the fear of being separated from my mother at birth ... Any rejection if my parents wanted a boy and a girl arrived ... and already there were children to be provided for ... and I felt unwanted ... Lord Jesus, let me know You wanted me from all eternity ... Let me feel the peace and contentment of being healed at Mother Mary's breast before being put into my mother or father's arms.....



Walk back, Lord Jesus, into the first years of my life ... hold me in Your arms ...and give me the love I needed ... Sometimes my mother and father could not give the love I wanted ... but You can, Jesus. ... You taught me to talk ... It was You who taught me to walk ... You led me with words of kindness, ... with leading strings of love, ... Stooping down, You held me close to your cheek (Hosea 11:3-4).

Make up, Lord Jesus, for any deficiency in my mother's and father's love. ... If I was frightened or lonely ... if I suffered from being separated from my parents in the early years of my life. ... If there was fighting or drinking to excess. ... If I felt left out when a new baby arrived. ... Please heal me, Jesus, by Your merciful love. ... Renew me by the power of Your Spirit now. ... Thank you, Jesus ... I know You want to restore the beauty of my inner being.....



Lord Jesus, perhaps my father loved me but couldn't show it. ... Perhaps he was harsh ... or didn't have time for me. ... Perhaps he couldn't help it. ... Maybe I have always been searching for the security of a Father's love. ... Thank You, Jesus, it is not too late. ... Place me in the arms of my loving Father.....

Lord ... heal me of any hurts in my school days. ... Perhaps it was the first time away from my parents. ... Maybe there were teachers who didn't understand me ... or I was

not able to live up to what was expected of me. ... Maybe I felt inferior because I didn't accept myself at this time. ... If I felt I had to compete with a brother or sister in order to be accepted, help me to realise Jesus that You loved and accepted me from all eternity ... simply because You loved me .. not because of my performance.....

Through the difficult years of adolescence, Jesus, come into the time I didn't understand myself. ... Often I was unsure and uncertain, and suffered embarrassment.

Heal me of any relationships which are hurtful. ... Leaving home, ... new relationships, ... new work places. ... Perhaps I withdrew into myself at this time. ... Be with me in anything I did ... or that others did to me of which I felt ashamed ... even though I may have made mistakes.



Jesus, my adult life has had its sorrows as well as joys. ... Heal me, Jesus, of any grief. ... Help me to know that grief is temporary ... but Your joy is everlasting. ... You will wipe away every tear. ... Sometimes single people feel lonely and forgotten. Heal me, Jesus ... of the feeling of being abandoned ... and rejected by others. ... Help me to accept Your call in the reality of my life situation.

Priests, ministers, pastors and religious leaders can suffer from lack of understanding ... loneliness ... and lack of communication. ... Heal me, Jesus, of any feelings of this kind ... or of any circumstances in which way I have been made to feel not a person ... just a functionary ... or a professional with no personal feelings. ... Jesus, let me experience Your respect and love for me.



Heal me in my married life, Jesus. ... If it didn't work out ... heal me of the tension, guilt and hurt. ... Heal the wounds if we stayed together only because of the children ... or for convenience. ... Pour in Your healing love, Jesus, to make up for the lack of love. ... Help me to forgive, Jesus.

Heal me, Jesus, of the pain of separation that death brings. ... Comfort me for the loss of a loved one ... husband ... wife ... child ... father ... mother ... friend. ... Heal, Jesus, the shock of a sudden death ... the grief of a miscarriage or a still birth. ... Thank You, Jesus, for healing the pain of my grief.

Pause and let the healing love of Jesus flow over you. ... Let Him bring to mind any other incident, ... or any hurt that needs healing. ...



Lord Jesus ... I believe You make all things work for good for those who love You. ... I surrender my whole past to You. ... May You re-make everything that has happened to me for my good.

Thank You, Father ... thank You, Jesus ... thank You, Holy Spirit ... One God ... for hearing my prayer, and healing me.

Imagine yourself resting in God's light for ten minutes or so

(Prayer adapted from Its Good to be Me teachings By Fr. Vince Hobbs)



Healing the Wounded Spirit

Jesus during his earthly time with us taught and healed those who were willing to listen and in need of healing. Healing is difficult for us to understand if we do not go back and look at our story, what God Our Father did for us. He gave us life and created us with the light of understanding.

Then he offered to every person an intimacy or closeness described as 'God walking with us in cool of the garden'. This intimacy was affected tragically when we did not trust in Him or His words. Ashamed of our selves we chose to hide from God and began to listen to another voice instead of God's. But our Creator immediately put in process the preparations for our healing and return to him by sending His only Son, Jesus Christ, the light of the world. He was sent by God to light up the darkness of our minds by his Words and actions.

Under the Power of His Holy Spirit, He restored us to live a New Life of Grace with a greater closeness and intimacy with God. Through His sufferings and death, He carried in His person the evil, sin and shame of all of us. By carrying out the Will of our loving Father God He set His children free and restored them through the forgiveness of sins. Jesus made it possible for us to have an intimate relationship again with God.

Prayer Exercise




The Holy Spirit empowers us to
See, feel, touch & identify
our emotional wounds

Ask Jesus to overshadow you with a new outpouring of His Spirit. To release within you His Spiritual Gifts so you can recognise and name these emotions.

Come Holy Spirit – Come Holy Spirit – Come Holy Spirit
- *(Isaiah 11:2) (1Cor:12)*

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Wounds are buried in our subconscious
A source of our anxieties, fears, panic attacks and low self esteem.

Many of our responses and re-actions towards others are influenced by our past life experiences that have not been healed.

Prayers for healing sets our spirit free. We can now grow in the Power of God’s Love to love ourselves and others.

The Prayer of Emotional Healing teaches us how to let go our emotional baggage.

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We often suppress Our emotions and feelings

From childhood when we don’t know what to do with our feelings, we suppress them. It’s the way we learn how to cope and survive in this world.

With Jesus we can ask the Holy Spirit to bring those suppressed emotions into our conscious mind so we can identify them and let them go.


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When we are hurting we need to express our emotional pain, & feelings to Jesus

Sharing with others helps the healing process but it doesn't heal our wounded spirit. As Children of God only Jesus can heal our wounded spirit through the Power of His Holy Spirit which is Love. Perfect love casts out all fear. He wants to heal, recreate and restore us to be the person God meant us to be.

Now imagine yourself talking to Jesus in the same way you would share with another person.....




Visualise your memory where did it happen Invite Jesus to be there with you.

With Jesus we can revisit our past memories of hurts, fears, rejections or the source of our concerns or addictions. The Power of His Presence and Love overcomes the darkness. He brings His Healing Light and Peace for our suppressed emotions

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...



Where is He standing? Is He near you or some where else in the room

By asking these questions we are being challenged to objectively imagine Jesus to be there with you in your imagination. We can be tempted to imagine Jesus in an abstract way.

The imagination is the window of the soul. When we invite Jesus to be with us we give Him permission to speak to us through images or insights. *(Matt 7:7)* Ask and you shall receive seek and the Spirit will assist you.




**Talk to Jesus
about this memory
Get in touch
with
your feelings**

Come Holy Spirit allow my memories to surface..... Sometimes a few surface and then I choose the one that is the most dominant.

Talk to him about that time in your life and how it emotionally affected you.

.....



DRAW YOUR FEELINGS


Are they:

- a broken heart
- Black cloud
- A rock
- Etc.

Ask Jesus to show you what your emotions or feelings look like within you. To give you an image of what they look like. This is a very important stage in the healing process.

An inspired image by the Holy Spirit helps us to collectively surrender our thoughts and feelings of anger, frustrations, abuse, helplessness , powerlessness , injustices etc.

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**Surrender
your feelings
Place
your drawing
into the
Heart of Jesus**

Until we recognise and acknowledge the depth, width and POWER of these feelings we can remain emotionally imprisoned by them. *(Ephesians 3:14-20)*

When we place the image into Jesus Heart, we are surrendering those feelings to Him so we can be set free of our emotional baggage. Sometimes it's difficult for us to actually hand them over in this image and we may need to pray for the assistance of the Angels to help us.

We can become attached to those feelings as a way of justifying the way we think or act.

Forgive those who have hurt you



**Or
ask Jesus
for his
Gift
of
Forgiveness**


Without forgiveness the healing process cannot begin. When we forgive, we give our pain to Jesus and experience His peace.

When we don't forgive, we take our pain into our own spirit and this causes emotional turmoil and distress.

Our pain can be so great that we humanly cannot forgive. Jesus knows how hard it is for you and He offers to you His Gift of Forgiveness. So ask Him to give you His Gift

of Forgiveness so you can forgive others with the Forgiveness of Jesus

**Where
in your life
have you
treated others
in
a similar way?**




Often our emotional pain blinds us to the times we too have treated others badly.

By asking Jesus to reveal to us our weakness He helps us to humbly see that we too have faults and failings. Through this act of accepting our actions and that no one is perfect how heart or attitudes is now softened towards the people who hurt us. *(Matt. 5: 3 Beatitudes)*

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**Ask
Jesus
to
forgive
YOU FOR
YOUR
SIMILAR
ACTIONS**



When we ask Jesus to forgive us for our failings too the Doorways of Grace will open for His Healing Power to flow towards us for our emotional hurts.

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WHERE IN SCRIPTURE, JESUS



did you
experience
similar hurts
&
Emotions to
overcome &
forgive

Even though we forgive we can still remain in emotional bondage to our wounded feelings by remaining negative, angry or judgemental.

Jesus was human just like us but also Divine. Every *Act of Love* acknowledged in the Scriptures plus His Passion and Resurrection are a *Living Testimony* to set us free.

The Bible gives witness to those actions, and we can ask the Holy Spirit to prompt us with a Scripture passage that is similar to our life experiences THAT Jesus endured for us

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Appropriate
this same
Healing Grace
for yourself



(Appropriate means
to ask God to give
you this same grace
He gave to Jesus
through the power of
His Spirit)

Proclaim God's Word by reading the passage and in faith appropriate this same Grace to set you free and for the healing of your wounded spirit.

"Jesus I proclaim Gods word from scripture and I appropriate those blessings for myself. Amen.

.....

Ask Jesus to shine His Mercy rays



over this
memory scene
keep praying
"Jesus have
mercy on us"
until the
memory fades

His mercy begins to restore us
for wholeness in body soul and
spirit.

After we have been set free by proclaiming God's Word, we are now open to receive Jesus Healing rays of His Mercy and Love. We sit in His presence for five to ten minutes and allow His rays to minister to us.

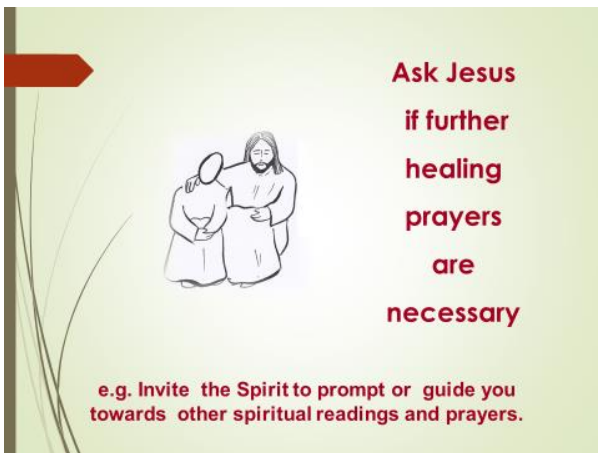
The white rays flowing from His Heart symbolises our soul and spirit being healed and the red rays signify the healing of our body.

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Thanks and praise to God continues the healing process. Jesus doesn't need us to affirm Him as he is God. Praising God opens our heart for us to keep receiving his healing love and blessings.

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The prayer ministry of Emotional Healing has many layers. If our wounds are deep and we continually refuse to forgive - the powers of darkness attempt to make their home in us.

We may need to pray for multiple scripture verses to release us from their temptations.

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PRAYER COMMENT:

Teaching a person to pray specific Catholic Devotional Prayers like Litanies, Stations of the Cross, The Rosary Mysteries or Divine Mercy Chaplet helps in the healing process to prevent evil spirits returning to the clean house. . (Luke 11:26) .

After deliverance prayers there is a window space of a couple of weeks that we are tempted to return to the old patterns of behaviour. These above prayer devotions protect us in this vulnerable time.

In the prayer of Emotional Healing there is no short cut by riding the elevator. We have to walk up the steps with Jesus and pray for specific healings that are relevant to our life experiences.

Once intercessors have prayed through the healing prayers for themselves, they can proclaim in faith those same healings for others.

Discovering who I am in Christ.

Proclaiming God's Word with Christ's Love, Power and Authority

With Angelus Prayer Ministry its necessary to discover "*Who I am in Christ*".

Intercessors are vulnerable to spiritual attack from demons and evil spirits. We cannot engage with the enemy on our own human strength. They are pure intellect, crafty and powerful predators who strictly follow the laws established by God. These rules are established in natural and divine law. Natural law is the structure put into our minds so that we can grasp right from wrong. God has established natural law in the rule of creation which can be grasped by the light of human reason. Even though these natural laws are embedded within us they can be silenced through sin.

Authority flows through Office and is not a charism. The waters of grace flows through the right use of authority within one's office. The first principle of Spiritual Warfare is that the demon, will either yield or not yield based upon the authority of the petitioner or intercessor.

Lay persons and Intercessors do not have the same authority over demons as ordained priesthood do. But Baptism does give us power over demons and evil spirits. Our authority comes from our faith in Jesus Christ as we proclaim God's word. (1 Philippians 2- 6) We have the right (power) to command spirits to leave (*bind or cast them out*) but we also need the authority of Christ to do so.

Growing in the authority of Christ

Grace builds on nature and the sacramental life of the Church. (*Daily Mass, Sacrament of Reconciliation, Healing, Fasting, Adoration and Rosary.*)

As intercessors its important we remain in God's grace.

To receive Christs authority, we will need to surrender our own human authority often referred to as the ego for this transformation to occur.

In the thirteenth century a Scriptural Prayer Litany of Jesus was composed from John's Gospel. Each *I Am Title* proclaims a blessing for us to be restored in the likeness and image of *Christ's I Am*. We lost this blessing through the actions of Adam and Eve that allowed sin to contaminate our lives.

Surrendering our "I Am"

Prayer Exercise

Allow yourself to be present to God and speak to Jesus as if He were sitting opposite you.

"Jesus, I give thanks and praise to You for blessing me with people in my life who affirmed and nurtured me through their affirmations to confidently be the person I am today.

I thank You for blessing me with the talents and skills I have received. If my gifts have been contaminated through my self-importance or ego, I am sorry and I ask You to forgive me for not acknowledging You as the source of my faith and talents.

I surrender to You the times in my life where people's negative attitudes have deeply wounded me and crushed my self-confidence and spirit. I forgive them and pray for them to know God's Love and mercy in their lives.

Jesus, release me from being attached to my past achievements. I humbly desire to grow and be the person I was meant to be in Christ. Through the Power of Your Holy Spirit recreate within me "Your I Am." In Jesus Name I pray. Amen.

Contemplative Prayer Exercise

This exercise encourages you to embrace the positive and negative affirmations that made you who you are. Surrender those memories to the foot of the Cross. Visualize Jesus mercy rays flowing from his heart over you. Ask Jesus to bless you with His "I Am" affirmations through the power of his Holy Spirit.

Give your body permission to release all the tension you have locked inside.

Feel that tension melting away like snow as the warmth of Jesus' love passes through your entire body.



Jesus "I AM" Litany

Jesus says: I am the Way *Have Mercy on us* *John 14:6-7*

Jesus says: I am the Truth *Have Mercy on us* *John 14:6-7*

Jesus says: I am the Life *Have Mercy on us* *John 14:6-7*

Jesus says: I am the Vine, you are the branches *Have Mercy on us* *John 15 :1*

Jesus says: I am the Light of the World *Have Mercy on us* *John 8:12*

Jesus says: I am the Resurrection and the Life *Have Mercy on us* *John 11:25*

Jesus says: I am the Gate of the Sheepfold *Have Mercy on us* *John 10:9*

Jesus says: I am the Good Shepherd *Have Mercy on us* *John 10:11*

Jesus says: I am the Bread of Life *Have Mercy on us* *John 6: 35*

Wait on the Lord...if a Title stands out or is put on your heart, then slowly begin repeating that Title mentally in silence... for a few minutessynchronize saying that title with your breathing...if you become distracted by any thought or noises just focus back on breathing in and out your litany title.

Trust in the promptings of the Holy Spirit:

Don't try to organize the Holy Spirit or logically presume which title is necessary for you. Just go with the flow and the spirit will interiorly guide you when to move onto another title or it's no longer necessary to pray the titles anymore.

These following insights may assist you in your prayer reflection:

Valeries witness

THE LORD SAID, I AM THE WAY As we reverently pray those words "I am the Way" repetitively for approximately five - ten minutes the Holy Spirit will begin the sanctifying action for our body, soul and spirit. Setting us free from our attachments to worldly activities and our dependency on other people's affirmations for our self-confidence. Restoring us with hope and infusing us with God's affirming actions of Love, Security and Acceptance. .

Revisiting this Title: If the Spirit prompts you to revisit this Title many times or prompts you to consecutively pray this Title daily for a week or a month, Jesus is not only setting you free but is infusing your heart with knowledge and understanding of God's Ways to live in His Grace. This knowledge bypasses the intellect and is instinctively written upon your heart. You also receive a deeper awareness and understanding of His laws and grow in respect and holy reverence for God.

THE LORD SAID, I AM THE TRUTH: This title delivers us from the deceptions of the world, the flesh and the devil that distracts us from seeking God's truth. We are set free from the seductive and misleading teachings that inflate our ego and self-worth.

Revisiting this Title: Prepares our hearts for the Holy Spirit 's inspired Words and enlightenment about Jesus and the teachings of our faith. We receive a supernatural virtue to differentiate or discern spirits that are not from God and the strength to reject them.

THE LORD SAID, I AM THE LIFE: This Title delivers us from the temptations to seek a life that leads to hedonistic desires and values - to be so busy acquiring possessions, status, power or prestige that we do not have time to discover the purpose of life (which is to love, serve and worship God.)

Revisiting this Title: Will prepare the way for the Spirit to redirect us towards the purpose and meaning of life and begins the healing process for our heart to hear the message of salvation and will infuse us with the desire to seek God's Presence and peace.

THE LORD SAID, I AM THE VINE, YOU ARE THE BRANCHES. This Title reminds us that we cannot be self-sufficient without Christ. God is the author of all life and without Him as the source of our hope, strength, self-esteem or identity we remain vulnerable and have difficulty in achieving our full potential in the eyes of God.

Revisiting this Title: Will prepare our heart to be reunited with Christ 's Power and the energy of His Love. Sometimes we are driven to achieve outcomes for all types of reasons, to be successful in the eyes of others or the world, to leave behind memories of past humiliations or to prove to ourselves that we can do this. Unless our energy and drive are founded on God's Love then our efforts and rewards will not bring the peace and contentment of a fulfilled life.

THE LORD SAID, I AM THE LIGHT OF THE WORLD. This Title reminds us that Christ is the Light that we follow in the world and sets us free from our desires to follow the false lights that

promise us fame, security, power and status. Our desires and ambitions no longer focus on self-promotion but how we can contribute to a better world.

Revisiting this Title: Will prepare the way for us to become detached from the seductive promises of marketing and consumerism. Our world begins to reflect a purpose and meaning to our lives that is not about ourselves. We begin to grow in empathy for others and their needs.

THE LORD SAID: I AM THE RESURRECTION AND THE LIFE. This Title infuses into us the hope and promises of a New Life. It resurrects us into a new way of living and of seeing things in the light of Christ instead of man's way. It delivers us from being oppressed about past events in our lives.

This grace will empower us to move forward towards forgiveness and healing. To become the person we were meant to be. We are filled with a new enthusiasm and gratitude for the gifts and talents we have instead of comparing ourselves to what others have.

Revisiting this Title: Helps us to receive Christ's supernatural grace for a new life in the power of God's love.

THE LORD SAID: I AM THE GATE OF THE SHEEPFOLD. Sheep recognise the voice of their shepherd and this title helps to restore our ability to discern the many confusing voices. It delivers us from being deceived by false teachings and the counterfeit healing promises that lead us away from Christ.

Revisiting this Title: Many people in their search for emotional healing will be deceived through spiritual practices that do not recognise Christ as their Lord and Savior. This title delivers and cleanses their spirit to hear God's word and discern the truth.

THE LORD SAID: I AM THE GOOD SHEPHERD. Christ is the good shepherd and we know his voice and will follow Him. This title increases our faith and conviction to defend the teachings of the faith and the Church.

Revisiting this Title: Will bring to us comfort and peace. We are safe and secure in God's care. The title blesses us with a deep inner peace in times of hardships and trials and reassures us that God is with us and we can trust in him.

THE LORD SAID: I AM THE BREAD OF LIFE. This title nourishes us body soul and spirit. We receive the living bread of God's love that ministers to us in a divine way. We are filled a new outpouring of faith and hope to bring the Good News to others.

Revisiting this Title: Helps us to grow in God's peace and presence and for us to be a living.

To Surrender our "I Am" is
to receive the
"I Am" of Jesus



We become one in Christ
with His Power and Authority to command evil
spirits to depart

Curses

BEING SET FREE FROM CURSES

***Among the parts of the body the tongue is a whole wicked world. We use it to bless the Lord and Father, but we also use it to curse people who are made in God's image.
(James 3:5. 9)***

Most of our teachings about the Holy Spirit and His Gifts focus on God's Blessings. But the Gifts of the Spirit will also help us to discern if someone has been cursed.

In the secular world a curse can be a vindictive form of expression or threat that someone may express towards an individual or a whole family. In the spiritual world a different reality exists concerning curses.



The power of someone's words incited by hatred or malicious intent towards God or others initiates an oppressive spiritual presence. This presence forms a darkness or heaviness that continues to exist over the victims and also over the person who uttered the curse. Curses can be generational especially when someone curses a person's children's children.

It's very difficult for us to know about our ancestors' actions towards God and others unless the Holy Spirit enlightens us. Sometimes we recall stories about relatives or past family members who died still angry with the Church; religious or priests; and have disputes with others over land, boundaries, properties, possessions or envy and inheritance issues.

The Gift of Tongues and the other Gifts of the Spirit like Wisdom and the Word of Knowledge can enlighten a person of prayer if a curse is still affecting a person's life. Being cursed can also prevent a person from receiving the Gift of Tongues.

REMOVAL OF A CURSE INVOLVES THREE STEPS.

1. Faith

Believing that Jesus' death on the cross has delivered us from evil and curses
(1 Kings 8:31. Rev 22:3)

The Spiritual Gifts of the Holy Spirit 1 Cor. 12:7-12 mentions the Charism of Faith. It is prudent to pray for the Spirit's anointing to empower you through His Faith Charism. (Believing in the promises of Christ can be an intellectual profession of faith. Experiential faith of receiving the power to proclaim the promises of Christ can be enriched through the previous I Am teachings .

2. Forgiveness & Mercy –

To for -give is to give to Jesus. To for-take is to take within ourselves the spiritual darkness associated with curses. When we pray to lift off a curse it is paramount that we ask God's forgiveness for those who placed the curse as well as pray for the lifting of the curse.

Jesus came to set the captives free and in the case of curses He desires both victim and the person or family tree members to be released as well.

Bless those who curse you and pray for those who treat you badly (Luke 6:28).

- 3. Blessing:** In a blessing I wish for the other person to receive a share in God's goodness. I am praying for God's goodness which is stronger than any ill will or malice to bring restoration and healing to those affected by a curse.

PRAYER STEPS:



Place yourself in the presence of Jesus.



Jesus I ask forgiveness for myself or any of my ancestors who may have cursed others. Have mercy on us



If I or my family members past or present have been the victims of a curse, I stand in for them and ask for forgiveness for those who have cursed us. Have mercy on us all.



Through Your death on a Cross You shed Your Blood and delivered us from all curses. I now proclaim God's promise for the captives to be set free.

Anyone hanged is accursed, so that the blessing of Abraham may come to the Gentiles in Christ Jesus and so that we might receive the promised Spirit through faith. (Galatians 3:13-14)



Thank You Jesus for setting me free and restoring us through Your Love and Grace. In Jesus Name I pray Amen.

PRAYER COMMENT:

Curses can be culturally motivated by a vindictive hatred or maliciousness. Invoking the intercession of St. Padre Pio , St. Boniface and St. Walburga is also beneficial.

These Saints have extraordinary blessings for us. Through their own lives they worked miracles in this form of deliverance ministry. When we invoke them by name, they intercede for us to share in those same blessings they received from Jesus for their prayer ministry for cultural curses, pagan rites and witchcraft.

Go to web page:

www.angeluscommunity.org.au and download the Litanies of these three saints.

Understanding the Spiritual Realms

We live on earth in a physical realm. When we depart our time here on earth our spirit moves into other realms of light and darkness.

Naked to the human eye these realms consist of multitudes of angelic spirits. In the realms of light those angels are under the authority of Christ's Universal Kingship and Mary's Queenship.

St Michael the Archangel is the Commander and Chief of these Angelic Choirs.

Contemplative Prayer:

It is important for an intercessor to foster the prayer gift of contemplation so the gifts of the Holy Spirit can mature within and inspire their understanding through visions, word of knowledge and interpretation of tongues (language of the Holy Spirit) about the role of the angels for spiritual warfare. Each choir is empowered with specific charisms to defeat Satan's wiles and the gifts reveal to the intercessor how and when to invoke their aid.

A suggested way of contemplative prayer to receive this knowledge, is to invite Our Lady to pray with you and for you under the Title of Our Lady of Perpetual Help. This title is pregnant with blessings to assist understanding about the spiritual realms (Kingdom of light and the Kingdom of Darkness).

When we enter into the silence of God's love and focus on this title by slowly repeating her name over and over in our mind as a heart word or mantra, we are choosing to move out of our rationalisation / physical realm into an intuitive / spiritual realm.

Becoming a Spiritual Warrior:

In this passive state of Contemplative Prayer we are set free from our preconceived ideas and open to receive the insight from the gifts of the Holy Spirit. These gifts teach you interiorly about the spiritual realms of darkness and of light. **This infused knowledge does not come to you through the intellect but is received in the heart and then illuminates the mind with concepts and visions.**

This way of praying for Our Lady to teach you can take weeks of silence and discipline as the Holy Spirit forms your understanding through this infused knowledge. The reason for the delay is due to a spiritual war occurring in the heavens when a person desires to become a spiritual warrior for God.

Satan immediately attempts to destroy the intercessors zeal for this ministry by engaging them in diversions and using tactics to stop them praying for knowledge that

will destroy his power over men. Satan literally mobilizes an army of evil spirits to interfere with your thought process to confuse you, distract you and make you give up the contemplative way of praying.

Satan's intelligence is superior to ours and he will tempt us in every area of our weaknesses and doubts. Most people's faith is not strong enough to withstand this constant barrage and that is why I suggest you pray with Our Lady of Perpetual Help. Her title means continuous assistance and her intercession continually summons the specific angels to combat Satan's angels that are trying to prevent you from receiving this knowledge about the Kingdom of Darkness and the Kingdom of Light.

Infused knowledge and understanding about spiritual realms is not something we can actually verbalise. It's an awareness that they exist and our spiritual eyes are opened to discern in others the presence of light and darkness overshadowing a person. We literally sense a dark cloud over a person or experience a lightness radiating out of them. As we discover this gift of experiencing God's beauty in people and seeing it diminished by the presence of evil spirits we begin to desire the prayer gifts to defeat the influence and powers of darkness.

THE KINGDOM OF DARKNESS

Jesus died on the cross to deliver us from all evil and by the shedding of His blood He triumphed over the power of the devil. His death restores us in grace when we believe He is Lord and Saviour.

The powers of darkness exist in varying degrees of intensity and *Ephesians 2:20-23* names specifically those forces and refers to them as Sovereignities, Powers, Dominations and Authorities. Their names denote rank, and territorial status, by corresponding to a hierarchy of power in Satan's kingdom.

The powers of darkness do not have to enter us or be part of our personality for them to tempt us by influencing our thoughts. Their presence can overshadow buildings, land houses, nations and people. By entering their territory they are able to assail us and create thoughts to tempt us away from following the Ten Commandments. Mostly we are unaware of their boundaries and they remain in areas where unresolved conflict have occurred like people speaking negatively about others (cursing) or fostering hate, bitterness and envy.

The evil spirit's continuous presence in the above areas remain unless someone prays for the light of Christ to banish the powers of darkness and bless the people affected in the conflict. If these areas remain uncleansed then the presence of those spirits can overshadow every person who enters their territory and assail their thoughts by tempting them to adopt similar behaviour patterns. When we give into those thoughts and act them out our behaviour and attitudes become tainted.

We cannot see this spiritual realm of darkness but we are influenced by it. God does not forsake us but provides multitudes of angels to guide and assist us towards the light of Christ to liberate us from their influence. These angels are summoned when we pray through the power of the Holy Spirit and they literally engage in spiritual warfare to diminish the power and influence of Satan's army of evil spirits overshadowing and influencing our thoughts.

Jesus told his disciples at the Ascension not to leave Jerusalem but to wait for what the Father had promised. (*Acts 1:4*)

"You will receive power when the Holy Spirit come upon you" (Acts 1:8)

At Pentecost the Holy Spirit came down upon the church and blessed the people with its seven gifts of Wisdom, Knowledge, Understanding, Piety, Fortitude, Counsel and Fear of the Lord. These gifts enable us to grow in our faith, love and hope to evangelise, prophecy, and heal in the power of the Lord and build up the community of God. They also guide and teach us how to summon the various choirs of angels to defeat Satan's sovereignties, principalities, powers and dominions that constitute his kingdom of darkness.

God is calling His Spirit-filled children to claim Christ's victory and pray for the world to be restored back to life in God's love. For these promises to come about in the world, intercessors and evangelists will need to engage in spiritual warfare against the devil's multitudes of armies.

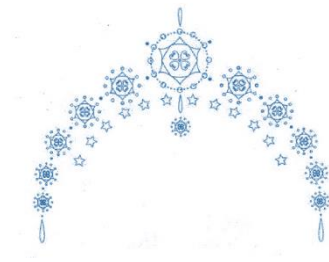
Jesus knows our limitations and provides us with spiritual assistance through His blessed Mother's continuous maternal love and intercession. We are blind and cannot see the spiritual realms or how the evil spirits can tempt us. Mary, our spiritual Mother by the order of Grace, is able to see all spiritual activity in these realms.

When we invoke her to pray with us and for us, she is constantly praying against these influences coming from the powers of darkness. She helps us understand the spiritual world when we are close to her. Like a mother she protects her children from the harsher realities of life when her children come under her maternal protection.

Chapter 5

13th Angelus Prayer Charism

Mary's Prayer Jewels.



*Jerusalem, take off your dress of sorrow and distress,
Put on the beauty of God's Glory for evermore,
Wrap the Cloak of God's Saving Justice around you,
Put the Diadem of the Eternal One's Glory on your head,
For God means to show your splendour to every nation under heaven and
the name God gives you for evermore will be,
Peace through – Justice and Glory – through – Devotion.*

(Baruch 5:1-4)

Mary brings to us the Maternal Role of the Holy Spirit in our Supernatural Life.



For some Christian faiths there is antipathy or rejection of Mary's role in God's plan for Salvation. The foundation of those concerns can often be traced back to the division that occurred at the Reformation where Mary's role was misunderstood and exaggerated by devout followers and critics of the Catholic Church.

As a convert from Anglicanism, I strenuously rejected Mary's role and dismissed the notion of even asking the Holy Spirit to share with me about Jesus' relationship with His mother. My deeply rooted prejudices blinded me until I prayed one day,

"Come Holy Spirit and grant me the Gift of Wisdom to love all those You love. Sanctify me through the Fire of Your Spirit and extinguish within me all forms of religious bigotry that may taint my spiritual growth. Set me free to receive all the Spiritual Gifts and Blessings Mary received from God's Holy Spirit. In Jesus name I pray. " *(The Book of Wisdom Chapter 7 & Luke 1:46-56)*

The Love of God can sometimes be compared to both a fatherly and motherly love. Both kinds of love have their primary source in God. According to Scripture we find in God a type of tenderness which is not only fatherly, but motherly as well. It was this tenderness that brought forth the Heart of a mother. (Isaiah 66: 12-13., Isiah 45:14-15 ., Psalm 131:2)

Sin entered the world when Adam and Eve disobeyed God's command and the succeeding generations were now banished from God's presence. (*Gen 2:17, 23*) Then God promised He would restore the lost unity through one of the descendants of the woman who would crush the head of the serpent who was the enemy of God's people.

(Gen.3:15) The prophecy of Isaiah 7:14 says, that the maiden is with child and will give birth to a son whom she will call Immanuel.

The God of tenderness and compassion (*Exodus 34:6*) overshadowed Mary with the Power of His Holy Spirit to become the Mother of God and the Mother of all the Living. Her union with God through the overshadowing of the Holy Spirit now brings to us the maternal role of the Holy Spirit for our supernatural life. (*Luke 2: 26-38*) Filled with Grace from God's Divine Gift of Love and Life her prayers bless us with all the Spiritual Blessings we will need to pray for others. (*Rev 22:17*)

Mary blesses us with Supernatural Gifts of the Spirit to pray for others

These spiritual gifts mentioned in *Isaiah 11:2* and in (*1Corinthians Chapters 12, 13, 14*) empower, enlighten and guide us how to proclaim the Promises of Christ.

Mary is honoured in the Catholic Church with many Titles such as *Mother of God, Mother of the Church, and Queen of the Angels* etc. As Mary of the Angelus members, we honour her role as *Mother of the Word Incarnate* and *Mediatrice of all Graces*. We proclaim her as our Patron Saint and role model for our Prayer Mission to give birth to the Love of Jesus in the hearts of those we pray for.

Mary teaches us how to radiate God's Glory

In the spirit the Angel carried me to the top of a high mountain and showed me New Jerusalem, the Holy City, coming down out of Heaven from God. It had all the Glory of God and glittered like some Precious Jewel of Crystal-Clear Diamond. (Rev 21:10-11).

These Prayer Jewels are symbolic of the mystical graces that radiate Gods glory for the rebuilding of the New Jerusalem. When we contemplate (sit/wait/listen) in the silence of love the rays of Gods glory radiate out to us and through us for our prayer mission of intercession.

Prayer:

*Jesus you are the King of Glory,
Lord of Armies, mighty and valiant in war.
I desire You to crown me with
Mary's Prayer Jewels
for my Intercessory Prayer Mission.*

*Anoint and quicken my heart to
contemplate Your Word
and to hear the cry of Your poor.*

*Empower me through the Prayer Jewels of Your Glory,
resplendent in Mary's role, as Maternal Mediatrice of all Grace.*

*Bless me through the Ministering Angels of Grace
With Mary's zeal and fervour to remain committed to a Prayer Ministry of Intercession.
Glory Be to the Father ...Hail Mary, full of Grace ...*

The role of being an intercessor is a vocation of divine love that expands our heart to embrace everyone. To pray for the gift of salvation for all faiths, cultures and nations.

Contemplating the Jewels opens my heart
To be filled with the Glory of God.

Naming the Jewels and their Blessings for Angelus Intercessors

Revelation 21:18-21 names these jewels listed below. Intercessors are like God's Angels, Messengers of Grace for the rebuilding of God's temple in people's lives. They pray to set the captives free and the healing of body, soul and spirit. God's Glory can now shine again in the lives of those they pray for.

The first stone is the DIAMOND (*Sign of the Cross*) Jesus, may the Glory of God be fully released within me. Strengthen and purify my love to worship and serve You through this Prayer Mission. Glory Be to the Father ...

The second stone is the LAPIS LAZULI (*Sign of the Cross*) Jesus, may the Glory of God deliver me from the temptation to rationalise my faith experiences. Glory Be to the Father ...

The third stone is the TURQUOISE (*Sign of the Cross*) Jesus, may the Glory of God release me from a restless spirit so I can be still and rest in God's Heart. Glory Be to the Father ...

The fourth stone is the CRYSTAL (*Sign of the Cross*) Jesus, may the Glory of God release the Gift of Hope within me to overcome my feelings of hopelessness that may plunge me into negativity or darkness. Glory Be to the Father ...

The fifth stone is the AGATE (*Sign of the Cross*) Jesus, may the Glory of God foster within me a desire for Christian fellowship and community. Glory Be to the Father ...

The sixth stone is the RUBY (*Sign of the Cross*) Jesus, may the Glory of God purify the motives of my heart from all self-interests so I can grow in the love, worship and service of God. Glory Be to the Father ...

The seventh stone is the GOLD QUARTZ (*Sign of the Cross*) Jesus, may the Glory of God purify my speech from all curses and negative criticism of self and others. Glory Be to the Father ...

The eighth stone is the MALACHITE (*Sign of the Cross*) Jesus, may the Glory of God release me from a mindset that rejects the inspirations of the Holy Spirit. Glory Be to the Father ...

The ninth stone is the TOPAZ (*Sign of the Cross*) Jesus, may the Glory of God release me from grief to experience your joy. Glory Be to the Father ...

The tenth stone is the EMERALD (*Sign of the Cross*) Jesus, may the Glory of God increase my faith and trust in God's Promises. Glory Be to the Father ...

The eleventh stone is the SAPPHIRE (*Sign of the Cross*) Jesus, may the Glory of God infuse me with a love for Mary, as Mother of the Church and as our Spiritual Mother. Glory Be to the Father ...

The twelfth stone is the AMETHYST (*Sign of the Cross*) Jesus, may the Glory of God convict me to pray for the deceased members of my Family Tree. Glory Be to the Father ...

Being adorned with the Prayer Jewels

This guided prayer imagery helps us to radiate the Beauty of God's glory and to grow in the virtues of Christ. In the great prophetic declaration of restoration in *Isiah 61:10*, God uses the analogy in scripture of a bride being adorned with Jewels. It also speaks of God's healing love – made present to us in Creation as He is the source of all that exists. As we "*Be still and know He is God*" these Glory Jewels, He has bestowed upon us, will shine through.



PRAYER EXERCISE:



We begin praying the Angelus Way to **Sit/ Wait/Listen** for Jesus to speak to us in the Spirit through our thoughts and concepts.

Allow yourself to be present to the moment.....Be comfortable with the sounds around you.....Breathe them in and breathe them out.....



Now be aware of the beating of your heart.....

Gently place your hand there and focus your attention as you continue to breatheslowly.....deeply.....

Spend some time here quieting your inner self.....



Invite Jesus to be with you – He may take the form of your favourite image...whether as a child or adult.



Visualize a music box.....



As you lift the lid a little dancer pops up.....

She is set free to dance whenever the lid is opened.....

As she turns the music plays.....



Allow the music to bring colours to mind.....
Continue to breathe in these colours for a while.....
Let your heart dance to the colours streaming from the box.....



Now become aware of many sparkling Prayer Jewels inside the box.....

If you can't see any, continue breathing in the colours.....



Delve to the bottom of the box and hold some of the Prayer Jewels in your hands.....

Let them run through your fingers.

These are your very own special Prayer Jewels or Gifts, contained within, but perhaps unrecognized.

The full potential of these can only be realized or set free if you lift the lid.

I choose to open my heart in order to discover the Prayer Jewels that are hidden within.

Is there any Jewel you feel drawn to more than the others ... Ruby? ... Sapphire? ... Diamond? ... Emerald? ... maybe an Amethyst? ... or a Topaz? ... perhaps a Crystal?



This is your own **Special Jewel**. Hold it in your hand for a while.....
Breathe in its colour.....

Continue to breathe that colour into different parts of your body.....

Ask Jesus what **Special Grace** or anointing this Prayer Jewel holds for you.

You are encouraged to spend some minutes each day just sitting in the silence.....
Holding your Prayer Jewel.....

Absorbing God's Love and Presence through its colour and warmth.....














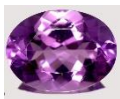
Remember to give thanks and praise to Jesus for God's Glory shining through you.....

Sometimes you may be drawn to a different Prayer Jewel.....

When that happens, repeat the prayer steps.....

God's Glory reflects the colours of Light that diffuse the darkness of vice.

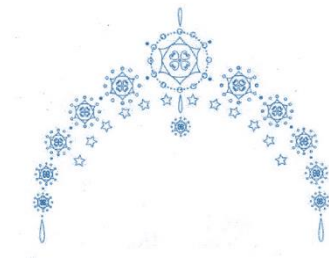
#	Jewel	Original	Vice Combated	Virtues Promoted
1	Diamond 	The love, purity, and strength of God.	Idolatry, self "love"	Charity/love, Divine love
2	Lapis lazuli 	Purity of intellect. Frees souls from corruption of thought.	Foolishness. Wilful ignorance.	Wisdom/prudence. Intellect. (Promotes blending of spiritual and physical natures. Unity of mind and spirit.)
3	Turquoise 	True peace of the Holy Spirit. Instils in souls the stillness to rest in God's heart.	Anger	Peace/Meekness
4	Crystal 	Gift of Hope. Sets free from despair.	Relativism, scepticism, willing disbelief.	Hope, trust in Jesus and the salvation He merited. Clear sight, purity of intension, discernment of spirits. Understanding.
5	Agate 	Communal love and fellowship. Instils ability to love all people as God does.	Envy	Patience, brotherly love, friendship.
6	Ruby 	Purity of the motives of the heart. Removes prejudice.	Pride	Humility, sacrificial love, sacrifice. Jesus' blood shed for us.

7	Gold Quartz 	Purity of speech.	Sloth (acedia—the noonday devil). Listlessness. Lack of confidence in success ...does not even try.	Truth. Diligence/fortitude/courage. Restraint. Promotes faith, hope and love; the reliance of Jesus and dependence of Him.
8	Malachite 	The inspiration (breathing in) of the Holy Spirit. Removes blockages of grace.	Gluttony/lack of restraint	Grace. Gift (recognition that all is gift). Spiritual poverty. Temperance, moderation, self-control. Restraint.
9	Topaz 	Experience of God's joy.	Greed/Hate	Joy. Generosity. Joy in the gifts and success of others.
10	Emerald 	Increase of faith and trust in God's promises for all.	Self-reliance	Divine faith, trust, knowledge.
11	Sapphire 	Understanding the role of Mary in human life and salvation history. Increases love for Mary.	Lust	Chastity. Maternal self-giving love. Marian love. Mary's perpetual virginity.
12	Amethyst 	Healing generational blockages. Allows forgiveness of sin and enables effective prayer for deceased family.	Human judgment	Justice/mercy. Forgiveness. Reconciliation. Cleansing and purification of souls, relationships, and pathways.

Chapter 6

14th Angelus Prayer Charisms

Mary Queen of Intercessors



These teachings were compiled by Valerie Murphy & Lauren Bradley

Mary's Crown of Twelve Stars symbolizes her Queenship and the triumph of her Son's Kingship over sin and death.

As Queen of Intercessors, Mary radiates God's Glory and proclaims her relationship with the Trinity as *Daughter of the Father; Mother of the Son; and Spouse of the Holy Spirit*. It is through this relationship she is known as Mary Mediatrix of all Graces.

This Trinitarian anointing empowers her to intercede and proclaim Christ's Kingship over all dominions, powers, thrones, principalities and sovereignties of Satan, especially in the areas of pagan cultural strongholds and national bondages.

History:

This Title of Mary's Crown of Twelve Stars originated from a religious Order called Our Lady of Ransom in the 1200s. The nuns would offer up praises and thanksgiving to the most Holy Trinity, who has shown us the Virgin Mary, clothed with the sun, the moon under her feet, and on her head a Mystic Crown of Twelve Stars. (*Rev 12:1*).

The nuns raised money and even offered themselves as a ransom to set free Christian slaves from the Moors.

Each star honours Mary role as predestined to be:

1. The Mother of the Divine Son.
2. Preserved from the stain of original sin.
3. Adorned at birth with the Eternal Father's Gifts
4. Given St. Joseph as her chosen Companion and Pure Spouse.
5. Overshadowed by the Holy Spirit for the Incarnation of the Divine Son.
6. Mother of Jesus, the Incarnate Word of God who was incarnate in her womb for nine months, born and nourished at her breast.
7. Mother of the Divine Son, Jesus, Who in His childhood willed to be taught by her.

8. Mother whose Divine Son revealed to her the mystery of the Redemption of the world.
9. Gifted by the Holy Spirit with the first revelation of His Name of the Holy Spirit
10. Preserved in her dual role of Virgin and Mother through the operation of the Holy Spirit.
11. Proclaimed by the Holy Spirit as the Living-Temple of Ever-Blessed Trinity.
12. Exalted in Heaven by the Holy Spirit as above every living creatures.

Prayer:

O God Who by the means of the Most Glorious Mother of Thy Divine Son didst enrich the Church with a *New Religious Family* for the Redemption of the Faithful of Christ from pagan oppression. Grant, we beseech Thee, that we may be freed from our sins and from the bondage of the devil by the merits and intercession of her whom we devoutly venerate as the Foundress of so great a work. Amen.

Spiritual Insight

The Holy Spirit prompted me to pray this Litany and the treasures of God's glory began to unfold. Each Star mystically radiates the light and glory of the Trinity to defeat the powers of darkness overshadowing nations and cultures. When an intercessor in faith proclaims the Word of God and Christ's promises, Satan's strongholds begin to collapse.

All the riches of Heaven are dispensed through Mary's prayers of intercession. Consecrated Angelus members share in those same riches to crush the serpent's head (*Genesis 3:15*) with the "*prayer charism of Mary's feet*." Supernaturally recognise, discern, and command evil spirits to depart through the power and authority of Jesus' Name. . She enlightens her prayer warriors about the tools of grace available for this spiritual battle. *(Ephesians 6 :10-20)*

BREAKING SATAN'S STRONGHOLD

The Blessed Mother offers these Mystical Stars to her Prayer Army to proclaim when they contemplate God's Word and engage in Spiritual Warfare.

As the intercessors sit/wait/listen, the Holy Spirit will prompt them how to proclaim Christ's Kingship over all dominions, powers, thrones, principalities and sovereignties of Satan's kingdom.

Each Star has a name that identifies its Power and Purpose.

The Summary of Graces flowing from each Star:

- ❖ **STAR OF JACOB** – The Gift of Faith
- ❖ **STAR OF THE WAVE** – Mercy for the dying and deceased
- ❖ **STAR OF MOSES** - Spiritual insight
- ❖ **STAR OF DAVID** – Hope for unbelievers
- ❖ **STAR OF BETHLEHEM** – Truth
- ❖ **MORNING STAR** – The Dawn of New life
- ❖ **DAY STAR** – Purity of mind, body and spirit
- ❖ **STAR OF PEACE** – Goodwill, God’s Heavenly Blessing
- ❖ **STAR OF LOVE** – Being Consummated in God
- ❖ **STAR OF GLORY** – The radiant Glory of God
- ❖ **STAR OF THE QUEEN** – Honouring Mary’s role for the Salvation of Souls
- ❖ **STELLA MARIS** - The Divine Energy of Grace

Each Star is named and relates to a specific place or location in the Bible. It is of great benefit for the Intercessor to read, reflect on, and be familiar with the passages associated with each Title. Some, but by no means all, are listed. For example: Jacob is mentioned in *Genesis 25-50*, several places in *Numbers*, and his well is the site of the *Story of the Samaritan Woman at the Well (John 4:4-42)*. His Star is referenced specifically below.

1. **STAR OF JACOB—Gift of Faith, Gift of God’s Choice of the Twelve Tribes of Jacob/Israel.**

Combats atheism. Grace of Family (*12 Tribes chosen by God*) and Faith (*presages Jesus*). “I see him, but not now; I behold him, but not close at hand: a Star from Jacob takes the Leadership, a Sceptre arises from Israel. It crushes the Brows of Moab the skulls of all the sons of Sheth” (Numbers 24:17).

Prayer:

Blessed Mother, through the Light of the Star of Jacob, bless us and restore within us the Gift of Faith which was lost or corrupted through our neglect and the curses of other cultures, especially those of the Masonic rituals. Come, Holy Spirit, breathe forth the Gift of Faith through the Star of Jacob; cleanse us from atheism. As Jacob became Israel when he wrestled with God (Genesis 32:23-32), may we become stronger in faith each time we contemplate what we as Church believe and wrestle with the beliefs (or lack of faith) of others.

Through the Light of the Star of Jacob, enliven the Gifts of the Holy Spirit we received at Baptism and Confirmation; the same Gifts given to the Tribe of Israel through Jacob (Baruch 3:36). "Mary, Mediatrix of all Graces, pray for us." May we echo your "FIAT" to all God Desires. May God's Will that "all come to unity in our faith and in our knowledge of the Son of God" (Ephesians 4:13) be brought to fulfilment in the Light of the Star of Jacob. Amen.

2. STAR OF THE WAVE—Mercy for the Dead and Dying.

Combats euthanasia, murder, genocide, suicide, abortion, capital punishment and all untimely death resulting from sin. Grace of God's Gift of Time, the opportunity to repent, the Promise of Salvation through Our Lord and Saviour Jesus Christ, and the Gifts of Timely Death and Purgatory (*the cleansing antechamber in Heaven*). As Jesus says, "Do not be afraid of those who kill the body but cannot kill the soul; fear him rather who can destroy both body and soul in hell" (*Matthew 10:28*). The Star of the Wave restores right order in all things God has made manifest in wave form: energy, sound, light, time, fertility (*movement of sperm*), cellular vibration, etc.

Prayer:

Blessed Mother, through the Light of the Star of the Wave, illuminate the Great Mystery of the Unity of God's Mercy and His Justice. Bless us with the Grace to embrace the Mercy and Justice by which God cast the sinful Adam and Eve from the Garden of Eden so mankind might "not be allowed to stretch his hand out next and pick from the tree of life, and eat some and live for ever" (Genesis 3:22) stuck in sin and disobedience like the fallen angels. Thank you for illuminating the perfection of God's Holy Will which raises Waves (Psalm 107:25) to bring us to repentance, causes Waves of His indignation to pass over us (Psalm prayer, Divine Office Morning Prayer for Monday week 2) as evidence of His Divine justice, and calms waves (Luke 8:22-25; Psalm 65:7, etc.) in His Mercy.

Thank you, Lord, for the Gift of Time that we might repent unlike the angels whose one decision lasts for eternity. Forgive those who use their Gift of Free-Will to bring about the untimely death of self or others. Wash them in the Light of the Star of the Wave—Your Divine Mercy—and give them one last chance to choose You forever. Mary, Mediatrix of all Graces, intercede for us. May the Light from the Star of the Wave wash us of the temptation to judge God and others. May it give us the Grace to echo your Fiat and trust in God's Will which is Love and Mercy itself. Return to right order within us and the world all those things Our Lord made manifest in Wave form: energy, sound, light, time, fertility, water, tides, and all biological rhythms. Amen.

3. STAR OF MOSES—Spiritual Insight.

Combats paganism. Grace of a God's instructing His chosen people, His adopted children, especially in the Realm of Spiritual Warfare.

Prayer:

Blessed Mother, through the Light of the Star of Moses, illuminate the Gifts of Spiritual Insight and Spiritual Warfare God has bestowed on you and His Church. Because of your Fiat, the Lord God gave you the Power to crush the head of the serpent, symbol of the devil the prince of demons (Genesis 3:15). The same serpent that led Eve astray. In accord with His Holy Will, Our Lord worked through Moses and Aaron to defeat the many demons Egypt worshipped as gods and goddesses (Exodus 7:8-12:34).

Thank you, Lord, for Your Mercy and Compassion for Your sons and daughters, even when we go astray. It is Your Will that "none shall perish, but all to come to repentance" (2 Peter 3:9). Thus, Your correction of the Egyptians began with a gentle reminder of Your Dominion over the serpent Satan (Exodus 7:12) when Moses' staff-turned-serpent swallowed the Egyptian magician's staffs-turned-serpents. You worked through Moses to systematically show Your power over each demon the Egyptians mistakenly worshipped.

When they did not repent, You ended the demonstration of Your Power and Might by directing the Israelites to sacrifice and eat young rams—a word which appears in the name of Ramses, Pharaoh of Egypt—while the Pharaoh's first-born son, himself a god, died along with all the first-born children of those who stubbornly continued to disobey Your will. All this while You spared Your faithful.

This last plague, You set under the light of the full moon of Ares (symbolized by a ram)—the same spring full moon that marks the Feast of Passover and Jesus' Crucifixion—to presage the destruction of death and the Pass-over of souls to everlasting life.

Blessed Mother, Mediatrix of all Graces, through the Light of the Star of Moses, pour the Grace of Spiritual Insight on your Spiritual Warriors so they may clearly discern the enemy, effectively use the Prayer-Weapons God has given, and permanently consign the demons of paganism beneath your heel at the foot of Jesus's Cross. May each demon who is bound and whose head you crush be rendered inactive and the pagan beliefs associated with each disappear from the earth. Amen.

4. STAR OF DAVID—Hope for unbelievers.

Combats despair (and the addiction and abuse it causes), secularism and all wrong forms of government: Communism, Fascism, Marxism, and the errors of Muslim theocracy, etc. Grace of friendship and Fidelity with God, and the Promise of Our Saviour Jesus Christ coming through David's line. The Star of David is hope for

unbelievers and trust in the reality that God saves us through Jesus. The Power to Bind and Loose.

Prayer:

Blessed Mother whose "FIAT" was ever pure, shine the Light of the Star of David on us. Give us the Grace of Humility you possess, and that King David demonstrated when he defended Shimei's right to curse him and throw stones (2 Samuel 16:10) and when he refused to harm Saul, God's anointed (1 Samuel 24:6-7). May the Light of the Star of David, give us the same reliance on God that David showed in his defeat of Goliath.

May the Awe of God which caused the Philistines to flee the battlefield (1 Samuel 17:50-54) convert all unbelievers. Lord God forgive us when we pursue our adversaries to beat them down rather than relying on Your Power to win souls. Forgive us for trusting in our own powers to govern rather than Your Will to save (2 Samuel 24). "Do not call to mind the misdeeds of our ancestors, but remember instead Your Power, Your Name" (Baruch 3:5) and Your Holy Will.

When the Israelites rejected Your Sovereignty and asked for a king, You warned of the sin of secularism. Still, You provided the remedy even as You permitted the sin, proclaiming that Your Son would sprout from David's line, the root of Jesse (Isaiah 11:1). Thus, You gave David the key to bind and loose (Revelation 3:7). The key Jesus entrusted to Peter (Matthew 16:19). Blessed Mother may the Grace and Power of your Holy "FIAT" pouring from the Star of David realign all peoples and governments to God's Will. May the resultant acknowledgment of Jesus as King of Kings and Lord of Lords end secularism, communism, socialism, fascism, Marxism, the errors of Muslim theocracy and all the despair and oppression they cause. Amen.

5. STAR OF BETHLEHEM—(House of Bread)—Truth.

Combats relativism. Grace of Jesus's Incarnation and the Salvation promised from the beginning. Jesus is Truth.

Prayer: *Mary, Mediatrix of All Graces, through the Light of the Star of Bethlehem which announced the arrival of the Bread of Life, born in a manger in the place named "House of Bread", may the Truth that is Jesus, Son of God and Son of Mary, True God and True Man permeate every human cell. May God's Truth reveal the intellectual dishonesty of relativism, which claims as "truth" the belief that there "is no absolute truth".*

By the Light of this Star, may the errors of speech, both misleading statements and outright lies, be revealed and the Love of Truth Himself spread throughout all creation. Blessed Mother, by the Light of this Star, reveal the error of our choosing things of this world in an attempt to satisfy our hunger for God. Purge us of hunger for all that is not

Christ. Reignite the Gifts we received at Baptism and Confirmation—Wisdom, Understanding, Counsel, Knowledge, Fortitude, Piety, and Fear of the Lord—that we may rightly discern what is of God and may always be faithful to it. Fill the world with the Light of Life that God's Will may be done here as it is in Heaven. Amen.

6. MORNING STAR—the Dawn of New Life.

Combats abortion and feminism. Grace of Mary's sinless Purity which presages Jesus's birth, the Gift of Women in right relationship with God and the associated Gifts of Purity, Obedience and Fruitfulness. Just as Venus is a planet which reflects light instead of creating it, so too is the Blessed Mother. She creates no light of her own, she only reflects the Glory of her Son Jesus. Still, the Morning Star is the brightest "Star" just as Mary (Our best Hope) is brighter than the Angels, but only because each reflects the sun/Son.

Prayer:

Mary Morning Star, of whom every star is an image and about whom it is asked: "Who is this arising like the dawn, fair as the moon, resplendent as the sun, terrible as an army with banners?" (Song of Songs 6:9). You, who presage the Son, shine the Light of this Star to cleanse women of the lies of the feminist movement and the evils of abortion. Holy Mary, our best Hope, by the Light of this Star with shines each morning, fit us to battle the lie that our bodies belong to us, that sexual immorality is a "good" we can choose, and that life is our choice to make.

Grant us a share of your Divine Fruitfulness, that, like Venus, the morning star that is a planet and not a sun, we may reflect God's Light rather than claim to create it. Through the Light of your "FIAT", reorder us in right relationship with God. Restore our sexual, moral and spiritual purity. Inspire us to humble obedience.

Blessed Mother, may our prayer echo the hymn sung at Lourdes: "O dawn that goeth before the sun, joyous herald of our salvation, the people, O Virgin, suppliantly invoke thee amidst the shades of night." By the Light of the Morning Star, may God's Will be perpetually reflected in us as it is in you. Strengthen your Spiritual Warriors to combat Satan, the father of lies, who from the beginning whispered, "You will be like gods, knowing good and evil" (Genesis 2:5). Make our prayers of intercession powerful as you are powerful because you reflect Jesus the Son. Amen.

7. DAY STAR—Purity of Mind, Body and Spirit—the way we will be and as all are in the Eternal Day of Heaven.

Combats all sin and vice including pornography. Grace of reconciliation and the perfection Jesus's atonement won.

Prayer:

Blessed Mother of the Day Star—the sun/Son. When you gave your fiat, God the Father crowned you with the ultimate sign of His favour by making you Spouse of His Holy Spirit and Mother of His Son. When you direct the light of the Day Star, you do as you have always done—bring everything to Jesus. He is the lamp that illuminates the eternal day of heaven and the radiant glory in which nothing unclean may exist (Revelation 21: 23-27).

Mother, Mediatrix of All Graces, beseech the Light of this Star, Jesus, to purify the world. As the sun both warms and burns, gives life and causes it to wither, implore the Day Star to purify mankind, mind, body, and spirit. May the Light of this Star purge all sin and vice from the world in anticipation of our glorious resurrection in Heaven when all nations will come bringing their treasure to the Lord (Revelation 21:26; Isaiah 60). May the Divine Grace manifest in the energy of this Light cause the transformation and purification of souls on earth to be as rapid as we can endure—a perfect demonstration of God's Mercy/Justice—that souls may repent and allow the effects of the Grace of Reconciliation, and the salvation Jesus won to become permanent within them. Grant us the Grace to discern the Holy Spirit and reject all counterfeit spirits. Amen.

8. STAR OF PEACE—Goodwill, God's Heavenly Blessing.

Combats war, strife and tyranny. Grace of God's Gift of Peace. This Grace is the hallmark of His Gifts and how we can discern what is of God and what is not.

Prayer:

Blessed Mother, shine the Light of the Star of Peace on all areas of the Church and the nations that stand in conflict with God's Will. Strengthen your Spiritual Warriors to convert sinners and confine the forces of evil so the Prince of Peace may reign throughout the world. Establish and spread goodwill that we see every action in the light of good intention and allow God to be the Sole Judge of Hearts (1 Samuel 16:7).

Protect those pledged to Jesus through you. Enlist the Prayer Army of all those who call upon your name for intercession—those who are consecrated to Jesus through you; who pray the Rosary or your Litany, entreat your help through the Memorare or any prayer, visit the sites of your apparitions, participate in novenas, attend First Fridays, belong to any Marian order, or in any way give you honour for love of your Son. Blessed Mother, fit us for battle and grant us clear discernment that we may be instruments for peace according to God's Will. May your firm "Fiat" resonate in our souls through this Star, may it resound in our every word and action, and may it firmly establish God's Peace in Heaven and earth. Amen.

9. STAR OF LOVE—Being Consummated in God.

Combats hate, humanism, and all the branches of humanism: homosexuality, narcissism, nepotism, racism, etc. Humanism is the tyranny of choice caused by promoting love of man over love of God. It is the error of promoting the pre-eminence of man over God. Humanism allows man to incorrectly redefine love. Grace of rightly ordered love combined with humility and obedience. When love is rightly ordered, we love and serve God first with everything we are, and we love man second, loving others as Jesus loves us rather than as we love ourselves. The Grace of Charity/Love is the only thing that remains in eternity.

Prayer:

Most Blessed Mother, by the Light of Star of Love, allow us to truly see that God's Love for us and His desire that we might return that love are the reasons He allowed the Fall and continues to allow us to fail. Show us that without the Gift of Free Choice there would be no suffering but also no ability to love. Help us to give thanks for the freedom to love and to recognize that we, and not God, are to blame for the pain our choices inflict on ourselves and others.

O Lord God forgive us for choosing ourselves instead of You and for the audacity of attempting to redefine You, for You are love (1 John 4:8). By the Light of the Star of Love which shines from the Crown you gave the Virgin Mary because of her loving "FIAT", heal us of hatred and all the forms of humanism which grew from our wrong choices. Reveal Your eternal Will: that we freely choose to become members of the Body of Christ. "If we live by Truth and in love, we shall grow in all ways into Christ, who is the head by whom the whole body is fitted and joined together.... So, the body grows until it has built itself up, in love" (Ephesians 4: 15-16).

Reorder our souls so we truly recognize that to inherit eternal life we must choose to love You with all our heart, with all our soul, with all our strength, and with all our mind" (Luke 10:27) and to love one another as Jesus loved us (John 13:34). Blessed Mother, Mediatrix of All Graces, by the Light of the Star of Love, illuminate within us the firm knowledge that "God is Love" (1 John 4:8) so we may humbly and obediently align our choice with yours and love God before all. Amen.

10. STAR OF GLORY—the Radiant Glory of God.

Combats pride. Grace: humility. Mary's love of God combined with her humility and obedience caused her to make the total *Gift of Self* which is her "FIAT". This Glory lights Heaven and shines in the Saints as a halo. Humility is the natural state of someone in Awe of the Lord.

Prayer:

Blessed Mary of the holy fiat, whose humble Magnificat glorified the Lord, grant us a share of your humility that we may re-echo "God alone" to the proclamation of St. Michael the Archangel's name "Who is like unto God". By the light of this star, the refulgence of halos, the glory that lights heaven (Revelation 21:23), and the glory that made Moses' face so radiant when he met with God that he veiled himself before the people (Exodus 34:29-35), enliven in us the Awe of the Lord we received at baptism and was renewed in confirmation. Teach us that true humility is seeing things as they actually are. Banish our foolish pride and replace it with heightened awareness of who we are before God that we may prostrate ourselves before the Lord as we sing the Gloria.

Glory to God in the highest. And on earth peace to people of good will. We praise You. We bless You. We adore You. We glorify You. We give You thanks for Your great Glory. Lord God, Heavenly King, O God, Almighty Father. Lord Jesus Christ, only begotten Son. Lord God, Lamb of God, Son of the Father, You take away the sins of the world, have mercy on us. You take away the sins of the world, receive our prayer. You are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, You alone are the Lord, You alone, are the Most High, Jesus Christ, with the Holy Spirit, in the Glory of God the Father. Amen.

11. STAR OF THE QUEEN—Honouring Mary's Role in the Salvation of Souls.

Giving Reverence to her Relationship with the Trinity

(Daughter of the Father, Mother of the Son, and Spouse of the Holy Spirit).

This Relationship is what Crowns her Queen of Angels, Queen of Patriarchs, Queen of Prophets, Queen of Apostles, Queen of Martyrs, Queen of Confessors, Queen of Virgins, Queen of All Saints, Queen of the Most Holy Rosary, Queen of the Family, Queen of Peace, and Queen of Heaven and Earth.

Combats Protestantism and all schism. Grace of True Faith and Unity within the Church as members of the Body of Christ.

Prayer:

Holy Mary, Daughter of the Father, Mother of the Son and Spouse of the Holy Spirit, you always lead people to Jesus. Kindly implore the Trinity to pardon those who denigrate you and discount the importance of your role as Theotokos (God-bearer). Holy Mary, Mother of God, by the Light of the Star of your Queenship, apply the Graces given you through the Merits of your Son's Sacrifice and the Crown He bestowed upon you (Revelation 12:1-3).

Most humble and obedient Queen of Angels, Patriarchs, Prophets, Apostles, Martyrs, Confessors, Virgins, Saints, the Holy Rosary, the Family, Peace, and Heaven and Earth, apply the prayers of your devoted subjects and the actions of your warriors to combat the errors of heresy and apostasy especially those that resulted in the Great Schism and the fragmentation of the Church in Protestantism.

May the role your "FIAT" played in the Divine Will empower the Light of this Star to reunite the Eastern Orthodox Churches with the Roman Catholic so that the Church may breathe with both its right and left lung. May it correct every error that yielded apostasy, heresy, schism and the formation of a new church or sect—Protestant, Muslim, Jehovah's Witness, Mormon, Gnostic, New Age, Non-denominational, etc.

We claim, proclaim and apply the Graces merited through the constant prayers of your Heavenly and earthly subjects (every Marian Society, Rosary group and all those consecrated to Jesus through you) to make amends for and heal the dislocation of the members of your Son's Body and the Agony it causes Him. Further, may the Light of this Star, under the auspices of Queen of the Family reveal and apply the Divine Plan which created us not just as one Family but as one Body of Christ. Amen.

12. STELLA MARIS—Divine Energy of Grace.

The Star of the Sea symbolizes the Eternal Womb. God gives. Mary and the Church receives, nurtures and grows.

Combats self-reliance and self-determinism. Grace of being a Child of God through participation in the Body of Christ, obedience, fruitfulness, humility, receptivity and purity.

Prayer:

Blessed Mother, Star of the Sea, by the Power of the Light of this Star, give us the Grace to joyfully embrace God's loving Will in every aspect of our lives. May the Light of this Star and the waters of your eternal womb bathe us and engender within us the fruitful receptivity God intended for us and for the Church. As you humbly gave your "FIAT", receiving fruitfulness in purity, trusting God to smooth every wrinkle and provide all that was needed, so too may we give Him our humble "YES" and rely on Him in all things.

May we recognize that humility is seeing things as they truly are. Give us the Grace to see the Triune God as Eternal Giver, and the Church, indeed all of creation, as beloved receivers. Reveal our true dependence on Him who willed us into being that we may reject Satan's lies. Show us that focusing on self leads to sin. Break down within us the barriers of self-reliance, self-determination and all selfishness. Create and nurture within us love of God and other. Empower us to embrace our constant need for a saviour and the honest, humble realization that we are not that saviour; Jesus is. As God created the boundaries of the sea (Job 38: 8-11) and specific times for day and night (Genesis 1:4-5),

may we gratefully accept our limitations and give thanks to God that He alone is God (Isaiah 45:5). By the Light of the Star of the Sea, give us the Grace of humility, purity, obedience, receptivity and the fruitfulness that results from these Divine Gifts. Amen.

Summary of the Stars for Intercessory Prayer

#	Star	Ends	Grace/Promotes
1	Jacob	Atheism	Faith, family
2	Wave	All untimely death resulting from sin (Euthanasia, murder, genocide, suicide, abortion, & capital punishment)	Mercy for the dead and dying, Grace of God's gift of time, Repentance, salvation, purgatory. Restoration of right order within us and the world of all that God manifest in a wave form: time, energy, sound, light, fertility, cellular vibration, etc.
3	Moses	Paganism, demons and their influence	Spiritual insight/discernment, Strengthening of spiritual warriors
4	David	Despair (cause of addiction and abuse), secularism and all wrong forms of government	Hope, trust in Jesus and the salvation He merited. The keys to bind and loose.
5	Bethlehem	Relativism	Truth (Jesus is Truth), Jesus' incarnation and the salvation He brought, faith
6	Morning Star	Abortion, feminism, sexual immorality	Purity, right relationship with God (especially for women), obedience, fruitfulness, Truth that God alone is God, humility
7	Day Star	Pornography, sin and vice	Reconciliation, atonement, purification, God's mercy/justice
8	Peace	War, strife, conflict with God's will in Church and in society	Clear discernment of God's Will, successful battle for souls, peace in heaven and earth
9	Love	Hate, humanism (homosexuality, narcissism, nepotism, racism, etc.)	Love of God—first Love of man—second (love of man as Jesus loves us)
10	Glory	Pride	God's glory, humility, obedience, Awe of the Lord
11	Queen (Queenship of Mary)	Protestantism, all schismatic churches, apostasy, heresy, all schism	True faith in the Church Jesus made, unity of Church as Body of Christ, honouring Mary/Mariology
12	Stella Maris (Sea)	Self-reliance, self-determinism, flawed self-identity (worldly rather than as child of God), all selfishness	Divine energy of grace, sanctity of womb and creation, identity as child of God, obedience, fruitfulness, humility, receptivity, purity, right relationship with God

The prayer of contemplation opens the window of the soul and for us to be in union with the Father, Son and Holy Spirit. Through the spirits anointing we are prompted to proclaim the living words of these prayers.

In the mystery of grace Jesus calls the living to proclaim his promises and Mary offers us her prayer army to be with us as we engage in spiritual warfare for the salvation of souls.

Conclusion

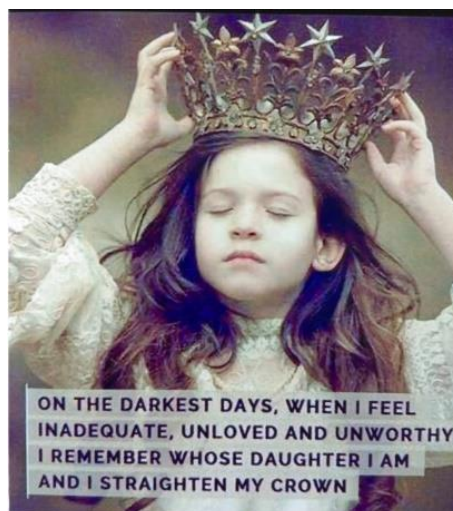
MARY'S PRAYER ARMY

When we rejoice in belonging to Marys Prayer Army her Queenship embraces the :angels, patriarchs, prophets, apostles, martyrs, confessors, virgins, saints, (all who say) the Holy Rosary, the family, peace, and Heaven and earth.

All Marian societies, Rosary groups, Marian leagues, prayer groups (including intercessory and healing prayer groups like Mary of the Angelus). All those consecrated to Jesus through Mary, wear Marian Sacramentals (Miraculous Medal, Scapular, Rosary...), participate in First Friday or First Saturday devotions, pray any Marian prayer or ask for her intercession, or have Mary or a derivative as part of their name

. Everyone who venerates or gazes upon any Marian image including Christmas manger scenes and art in museums, galleries and secular locations. All who sing or hear her name in prayers, litanies, hymns, or Christmas songs. All who reverence the Arc of the Covenant or any Biblical figure who presages Mary.

*What a great and immense prayer army
she intercedes with for the salvation of souls.*



**FEAST OF ST JOHN PAUL II, TUESDAY OF THE
29 TH WEEK IN ORDINARY TIME, YEAR B, 2024**

Presented by Deacon Chris Wallace

In his inaugural sermon recorded in today's Office of Readings, Pope St John Paul II said "Do not be afraid. Open, I say, open wide the doors for Christ." Do not be afraid" he says, "of what lies within us". So often people are uncertain about the meaning of life and are assailed by doubts, which turn into despair. He encourages us to listen to the Word, the Word who lives within us, the Word who is life!

He speaks of our participation, through baptism, in the mission of Christ as Priest, Prophet -Teacher and King. In line with the teaching of Vatican II we are all called to be actively involved, as we later hear it described, as missionary disciples. As I read his homily I was struck with its echo in the teachings of Pope Francis. St JP II speaks of the 'triple tiara', the symbol of all sacred power as nothing more than a symbol of service. A service with a single purpose: to ensure that the whole People of God share in the threefold mission of Christ, whose power resides in the mystery of the Cross and the Resurrection.

This message is echoed today by Pope Francis who is calling Priests to understand their ministry as a ministry of service. We are to understand that this is not just the ordained Priests but those of the common Priesthood of Christ, that is, all of us, all the baptised.

This is at the heart of Synodality. Humbly listening, through deep prayerful reflection, to the voice of the Holy Spirit speaking in our times. Sharing and discerning, through the apostolic tradition and a humble openness to new things, where God is leading us as Church, in unity and strength. What does it take? Be not afraid! As the Lord speaks to us in the Gospel, we have not arrived at the end. We are to be prepared and dressed for action. What does this mean but being engaged in the Mission of Christ, the Mission of the Church. Christians must be people of action, until the day of the Lord arrives for each an every one

of us. Let us not be immersed in the world without hope and without God as St Paul says, let us rather follow St John Paul's example and be people of hope. Not afraid to be active members of the body of Christ, not spectators at the liturgy, waiting to simply take from the altar. No, what we take from the altar is meant to be taken into the world to transform it.

We are all missionary disciples and we must not be afraid to witness to the culture of life amid the culture of death. St John Paul II, guide us and pray for us that we may have your strength and conviction. Amen.

